


10-2016

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Recommended Citation

Immelman, A. (2016, October). *The political personality of 2016 Republican presidential nominee Donald J. Trump* (Working Paper No. 2.0). Collegeville and St. Joseph, MN: St. John's University and the College of St. Benedict, Unit for the Study of Personality in Politics. (Paper presented at the 41st Annual Scientific Meeting of the International Society of Political Psychology, San Antonio, TX, July 4-7, 2018.) Retrieved from Digital Commons website: http://digitalcommons.csbsju.edu/psychology_pubs/103/

**THE POLITICAL PERSONALITY
OF 2016 REPUBLICAN PRESIDENTIAL NOMINEE DONALD J. TRUMP**

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Working Paper — Release 2.0
Unit for the Study of Personality in Politics
<http://personality-politics.org/>

October 2016

Paper presented at the 41st Annual Scientific Meeting
of the International Society of Political Psychology

San Antonio, TX

July 4–7, 2018

Abstract

The Political Personality of 2016 Republican Presidential Nominee Donald J. Trump

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This paper presents the results of an indirect assessment of the personality of Donald J. Trump, Republican nominee in the 2016 U.S. presidential election, conducted 2015–2016 from the conceptual perspective of personologist Theodore Millon.

Psychodiagnostically relevant data about Trump were collected from biographical sources and media reports and synthesized into a personality profile using the Millon Inventory of Diagnostic Criteria (MIDC), which yields 34 normal and maladaptive personality classifications congruent with *DSM-III-R*, *DSM-IV*, and *DSM-5*.

The personality profile yielded by the MIDC was analyzed in accordance with interpretive guidelines provided in the MIDC and Millon Index of Personality Styles manuals. Trump's primary personality patterns were found to be Ambitious/exploitative (a measure of narcissism) and Outgoing/impulsive, infused with secondary features of the Dominant/controlling pattern and supplemented by a Dauntless/adventurous tendency.

In summary, Trump's personality composite can be labeled *amorous narcissism* (Millon) or *impulsive narcissism* (Immelman) or, in political terms, as the profile of a *high-dominance charismatic* — charismatic by virtue of the highly elevated primary Ambitious–Outgoing amalgam.

Ambitious individuals are bold, competitive, and self-assured; they easily assume leadership roles, expect others to recognize their special qualities, and often act as though entitled. *Outgoing* individuals are dramatic attention-getters who thrive on being the center of social events, go out of their way to be popular with others, have confidence in their social abilities, tend to be impulsive and undisciplined, and become easily bored — especially when faced with repetitive or mundane tasks. *Dominant* individuals enjoy the power to direct others and to evoke obedience and respect; they are tough and unsentimental and often make effective leaders. *Dauntless* individuals tend to flout tradition, dislike following routine, sometimes act impulsively and irresponsibly, and are inclined to elaborate on or shade the truth and skirt the law.

Trump's major personality strengths in a political role are his confident assertiveness and personal charisma. His major personality-based shortcomings are of a temperamental nature — impulsiveness and a lack of emotional restraint and self-discipline, along with the propensity for a superficial grasp of complex issues and a predisposition to be easily bored by routine.

Introduction

Donald Trump, who has rewritten the conventional wisdom on campaigning for president, announced his run for office in June 2015 and despite many critics' cynical prognostications quickly rose to front-runner status in a large field of more than a dozen well qualified, experienced Republican contenders, ultimately winning his party's nomination for president.

This paper reports the results of a psychodiagnostic case study of Donald J. Trump, Republican nominee in the 2016 U.S. presidential election campaign, conducted during the 2016 election cycles.

Conceptually, the study is informed by Theodore Millon's (1969, 1986a, 1986b, 1990, 1991, 1994, 1996, 2003; Millon & Davis, 2000; Millon & Everly, 1985) model of personality as adapted (Immelman, 1993, 1998, 2002, 2003, 2005) for the study of personality in politics.

I employ the terms *personality* and *politics* in Fred Greenstein's (1992) narrowly construed sense. Politics, by this definition, "refers to the politics most often studied by political scientists — that of civil government and of the extra-governmental processes that more or less directly impinge upon government, such as political parties" and campaigns. Personality, as narrowly construed in political psychology, "excludes political attitudes and opinions ... and applies only to nonpolitical personal differences" (p. 107).

Personality may be concisely defined as:

a complex pattern of deeply embedded psychological characteristics that are largely nonconscious and not easily altered, expressing themselves automatically in almost every facet of functioning. Intrinsic and pervasive, these traits emerge from a complicated matrix of biological dispositions and experiential learnings, and ultimately comprise the individual's distinctive pattern of perceiving, feeling, thinking, coping, and behaving. (Millon, 1996, p. 4)

Greenstein (1992) makes a compelling case for studying personality in government and politics: "Political institutions and processes operate through human agency. It would be remarkable if they were *not* influenced by the properties that distinguish one individual from another" (p. 124).

That perspective provides the context for the current paper, which presents an analysis of the personality of Donald Trump and examines the political implications of his personality profile with respect to presidential leadership and executive performance.

The methodology employed in this study involves the construction of a theoretically grounded personality profile derived from empirical analysis of biographical source materials (see Immelman, 2003, 2005, 2014).

A comprehensive review of Millon's personological model and its applicability to political personality has been provided elsewhere (e.g., Immelman, 1993, 2003, 2005). Briefly, Millon's

model encompasses eight attribute domains: expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object representations, and morphologic organization (see Table 1).

Table 1
Millon's Eight Attribute Domains

Attribute	Description
Expressive behavior	The individual's characteristic behavior; how the individual typically appears to others; what the individual knowingly or unknowingly reveals about him- or herself; what the individual wishes others to think or to know about him or her.
Interpersonal conduct	How the individual typically interacts with others; the attitudes that underlie, prompt, and give shape to these actions; the methods by which the individual engages others to meet his or her needs; how the individual copes with social tensions and conflicts.
Cognitive style	How the individual focuses and allocates attention, encodes and processes information, organizes thoughts, makes attributions, and communicates reactions and ideas to others.
Mood/temperament	How the individual typically displays emotion; the predominant character of an individual's affect and the intensity and frequency with which he or she expresses it.
Self-image	The individual's perception of self-as-object or the manner in which the individual overtly describes him- or herself.
Regulatory mechanisms	The individual's characteristic mechanisms of self-protection, need gratification, and conflict resolution.
Object representations	The inner imprint left by the individual's significant early experiences with others; the structural residue of significant past experiences, composed of memories, attitudes, and affects that underlie the individual's perceptions of and reactions to ongoing events and serves as a substrate of dispositions for perceiving and reacting to life's ongoing events.
Morphologic organization	The overall architecture that serves as a framework for the individual's psychic interior; the structural strength, interior congruity, and functional efficacy of the personality system (i.e., ego strength).

Note. From *Disorders of Personality: DSM-IV and Beyond* (pp. 141–146) by T. Millon, 1996, New York: Wiley; *Toward a New Personology: An Evolutionary Model* (chapter 5) by T. Millon, 1990, New York: Wiley; and *Personality and Its Disorders: A Biosocial Learning Approach* (p. 32) by T. Millon and G. S. Everly, Jr., 1985, New York: Wiley. Copyright © 1996, © 1990, © 1985 by John Wiley & Sons, Inc. Adapted by permission of John Wiley & Sons, Inc. and Theodore Millon.

Method

Materials

The materials consisted of biographical sources and the personality inventory employed to systematize and synthesize diagnostically relevant information collected from the literature on Donald Trump.

Sources of data. Diagnostic information pertaining to Trump was collected from a broad array of approximately 150 media reports that offered useful, diagnostically relevant psychobiographical information.

Personality inventory. The assessment instrument, the Millon Inventory of Diagnostic Criteria (MIDC; Immelman & Steinberg, 1999; Immelman, 2015), was compiled and adapted from Millon's (1969, 1986b; 1990, 1996; Millon & Everly, 1985) prototypal features and diagnostic criteria for normal personality styles and their pathological variants. Information concerning the construction, administration, scoring, and interpretation of the MIDC is provided in the Millon Inventory of Diagnostic Criteria manual (Immelman, 2014).¹ The 12-scale (see Table 2) instrument taps the first five "noninferential" (Millon, 1990, p. 157) attribute domains previously listed in Table 1.

The 12 MIDC scales correspond to major personality patterns posited by Millon (1994, 1996), which are congruent with the syndromes described on Axis II of the fourth edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* of the American Psychiatric Association (APA; 1994) and coordinated with the normal personality styles in which these disorders are rooted, as described by Millon and Everly (1985), Millon (1994), Oldham and Morris (1995), and Strack (1997). Scales 1 through 8 (comprising 10 scales and subscales) have three gradations (a, b, c) yielding 30 personality variants, whereas Scales 9 and 0 have two gradations (d, e) yielding four variants, for a total of 34 personality designations, or types. Table 2 displays the full taxonomy.

¹ Inventory and manual available to qualified professionals upon request.

Table 2
Millon Inventory of Diagnostic Criteria: Scales and Gradations

Scale 1A:	Dominant pattern a. Asserting b. Controlling c. Aggressive (Sadistic; <i>DSM-III-R</i> , Appendix A)
Scale 1B:	Dauntless pattern a. Adventurous b. Dissenting c. Aggrandizing (Antisocial; <i>DSM-IV</i> , 301.7)
Scale 2:	Ambitious pattern a. Confident b. Self-serving c. Exploitative (Narcissistic; <i>DSM-IV</i> , 301.81)
Scale 3:	Outgoing pattern a. Congenial b. Gregarious c. Impulsive (Histrionic; <i>DSM-IV</i> , 301.50)
Scale 4:	Accommodating pattern a. Cooperative b. Agreeable c. Submissive (Dependent; <i>DSM-IV</i> , 301.6)
Scale 5A:	Aggrieved pattern a. Unpresuming b. Self-denying c. Self-defeating (<i>DSM-III-R</i> , Appendix A)
Scale 5B:	Contentious pattern a. Resolute b. Oppositional c. Negativistic (Passive-aggressive; <i>DSM-III-R</i> , 301.84)
Scale 6:	Conscientious pattern a. Respectful b. Dutiful c. Compulsive (Obsessive-compulsive; <i>DSM-IV</i> , 301.4)
Scale 7:	Reticent pattern a. Circumspect b. Inhibited c. Withdrawn (Avoidant; <i>DSM-IV</i> , 301.82)
Scale 8:	Retiring pattern a. Reserved b. Aloof c. Solitary (Schizoid; <i>DSM-IV</i> , 301.20)
Scale 9:	Distrusting pattern d. Suspicious e. Paranoid (<i>DSM-IV</i> , 301.0)
Scale 0:	Erratic pattern d. Unstable e. Borderline (<i>DSM-IV</i> , 301.83)

Note. Equivalent *DSM* terminology and codes are specified in parentheses.

Diagnostic Procedure

The diagnostic procedure, termed *psychodiagnostic meta-analysis*, can be conceptualized as a three-part process: first, an *analysis* phase (data collection) during which source materials are reviewed and analyzed to extract and code diagnostically relevant content; second, a *synthesis* phase (scoring and interpretation) during which the unifying framework provided by the MIDC prototypal features, keyed for attribute domain and personality pattern, is employed to classify the diagnostically relevant information extracted in phase 1; and finally, an *evaluation* phase (inference) during which theoretically grounded descriptions, explanations, inferences, and predictions are extrapolated from Millon's theory of personality based on the personality profile constructed in phase 2 (see Immelman, 2003, 2005, 2014 for a more detailed account of the procedure).

Results

The analysis of the data includes a summary of descriptive statistics yielded by the MIDC scoring procedure, the MIDC profile for Donald Trump, diagnostic classification of the subject, and the clinical interpretation of significant MIDC scale elevations derived from the diagnostic procedure.

Trump received 47 endorsements on the 170-item MIDC. Judging from endorsement-rate deviations from the mean (see Table 3), data on Trump's expressive behavior (12 endorsements) were most easily obtained and may be overrepresented in the data set, whereas data on his cognitive style and mood/temperament (8 endorsements each) were most difficult to obtain and may be underrepresented in the data set.

Descriptive statistics for Trump's MIDC ratings are presented in Table 3.

Table 3
MIDC Item Endorsement Rate by Attribute Domain for Donald Trump

Attribute domain	Items
Expressive behavior	12
Interpersonal conduct	10
Cognitive style	8
Mood/temperament	8
Self-image	9
Sum	47
Mean	9.4
Standard deviation	1.5

Trump's MIDC scale scores are reported in Table 4. The same data are presented graphically in the profile displayed in Figure 1.

Table 4
MIDC Scale Scores for Donald Trump

Scale	Personality pattern	Raw	RT%
1A	Dominant: Asserting–Controlling–Aggressive (Sadistic)	17	21.8
1B	Dauntless: Adventurous–Dissenting–Aggrandizing (Antisocial)	9	11.5
2	Ambitious: Confident–Self-serving–Exploitative (Narcissistic)	24	30.8
3	Outgoing: Congenial–Gregarious–Impulsive (Histrionic)	24	30.8
4	Accommodating: Cooperative–Agreeable–Submissive (Dependent)	0	0.0
5A	Aggrieved: Unpresuming–Self-denying–Self-defeating (Masochistic)	0	0.0
5B	Contentious: Resolute–Oppositional–Negativistic (Passive-aggressive)	4	5.1
6	Conscientious: Respectful–Dutiful–Compulsive (Obsessive-compulsive)	0	0.0
7	Reticent: Circumspect–Inhibited–Withdrawn (Avoidant)	0	0.0
8	Retiring: Reserved–Aloof–Solitary (Schizoid)	0	0.0
	Subtotal for basic personality scales	78	100.0
9	Distrusting: Suspicious–Paranoid (Paranoid)	0	0.0
0	Erratic: Unstable–Borderline (Borderline)	0	0.0
	Full-scale total	78	100.0

Note. For Scales 1–8, ratio-transformed (RT%) scores are the scores for each scale expressed as a percentage of the sum of raw scores for the ten basic scales only. For Scales 9 and 0, ratio-transformed scores are scores expressed as a percentage of the sum of raw scores for all twelve MIDC scales (therefore, full-scale RT% totals can exceed 100). Personality patterns are enumerated with scale gradations and equivalent *DSM* terminology (in parentheses).

The MIDC profile yielded by Trump’s raw scores is displayed in Figure 1.²

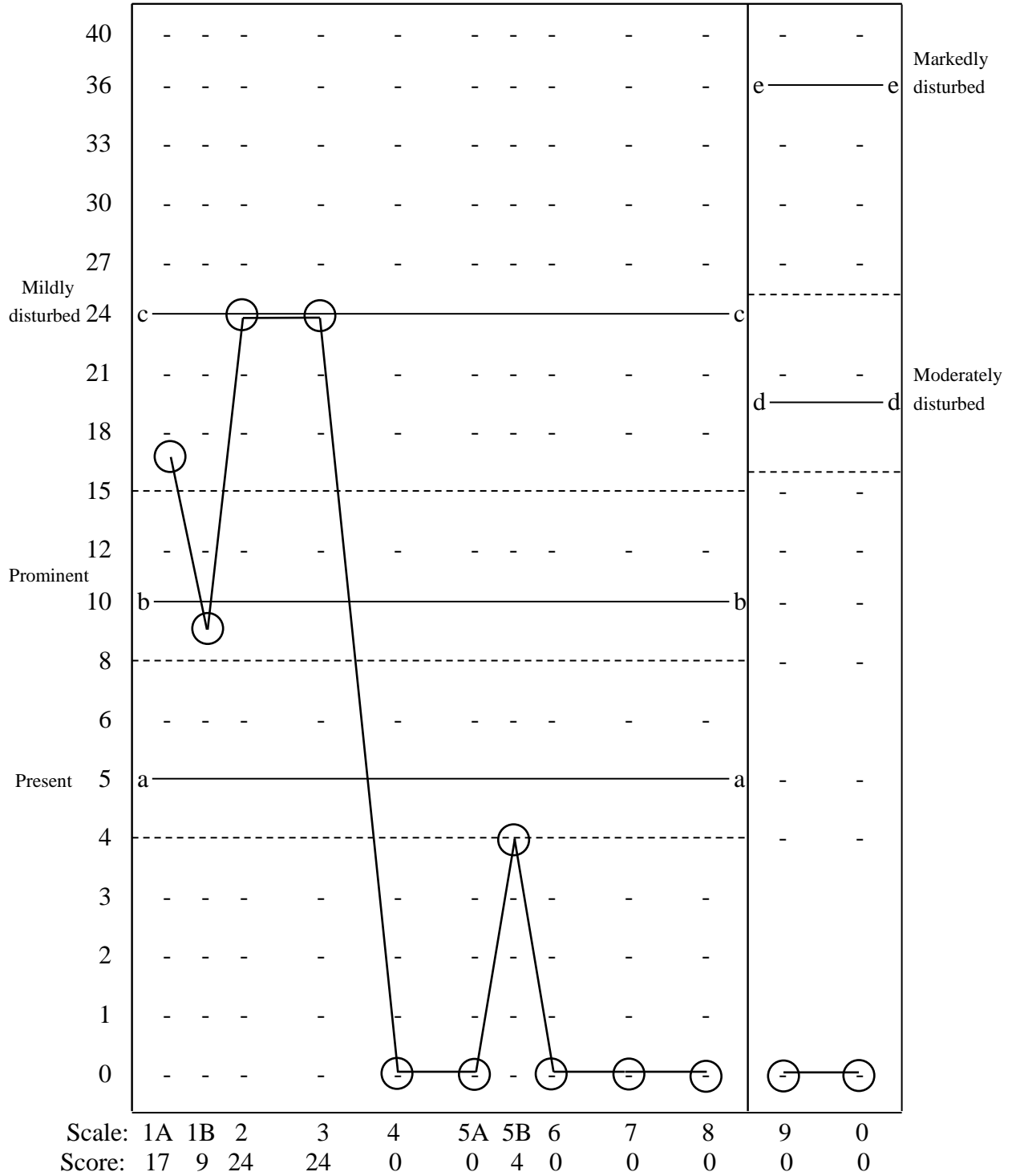
Trump’s primary scale elevations occur on Scale 2 (Ambitious) and Scale 3 (Outgoing), both at the lower limit of the *mildly dysfunctional* (24–30) range, with identical scores of 24. The secondary Scale 1A (Dominant) scale elevation of 17 is well within the *prominent* (10–23) range, followed by a Scale 1B (Dauntless) elevation of 9, at the upper limit of the *present* (5–9) range. No other scale elevation is remarkable or of psychodiagnostic significance.

In terms of MIDC scale gradation (see Table 2 and Figure 1) criteria, supplemented by clinical judgment, Trump was classified as having an Ambitious/exploitative and Outgoing/impulsive personality, complemented by Dominant/controlling and Dauntless/adventurous patterns. In addition, he has a Contentious/resolute tendency.³

² Solid horizontal lines on the profile form signify cut-off scores between adjacent scale gradations. For Scales 1–8, scores of 5 through 9 signify the *presence* (gradation *a*) of the personality pattern in question; scores of 10 through 23 indicate a *prominent* (gradation *b*) variant; and scores of 24 to 30 indicate an exaggerated, *mildly dysfunctional* (gradation *c*) variation of the pattern. For Scales 9 and 0, scores of 20 through 35 indicate a *moderately disturbed* syndrome and scores of 36 through 45 a *markedly disturbed* syndrome. See Table 2 for scale names.

³ In each case, the label preceding the slash signifies the categorical personality pattern, whereas the label following the slash indicates the specific scale gradation, or personality type, on the dimensional continuum; see Table 2.

Figure 1. Millon Inventory of Diagnostic Criteria: Profile for Donald Trump



Discussion

The discussion of the results examines Donald Trump's MIDC scale elevations from the perspective of Millon's (1994, 1996; Millon & Davis, 2000) model of personality, supplemented by the theoretically congruent portraits of Oldham and Morris (1995) and Strack (1997). The discussion concludes with a synthesis of the practical political implications of Trump's personality profile.

Few people exhibit personality patterns in "pure" or prototypical form; more often, individual personalities represent a blend of two or more primary orientations. With his highly elevated scores on Scale 2 (Ambitious) and Scale 3 (Outgoing), Trump emerged from the assessment as a blend of the *exploitative* and *impulsive* types — mildly dysfunctional variants of respectively, the Ambitious and Outgoing patterns. The Millon Index of Personality Styles manual (Millon, 1994), employing the label *Asserting*, describes Ambitious personalities as bold, competitive, and self-assured individuals who easily assume leadership roles, expect others to recognize their special qualities, and often act as though entitled (p. 32). Outgoing personalities are described as dramatic attention-getters who thrive on being the center of social events, go out of their way to be popular with others, have confidence in their social abilities, and become easily bored, especially when faced with repetitive and mundane tasks (pp. 31–32).

The interpretation of Trump's profile must also account for a secondary elevation on Scale 1A (Dominant) and a subsidiary elevation on Scale 1B (Dauntless). Dominant personalities — labeled *Controlling* — enjoy the power to direct others and to evoke obedience and respect. They are tough, competitive, and unsentimental, and often make effective leaders (Millon, 1994, p. 34). Dauntless personalities — labeled *Dissenting* — tend to flout tradition, act in a notably autonomous fashion, dislike following the same routine day after day, sometimes act impulsively and irresponsibly, and are inclined to elaborate on or shade the truth and skirt the law (p. 33).

In summary, Trump's personality composite can be described as that of an *amorous narcissist* — Millon's (1996, pp. 410–411) label for the pathological variant of the narcissistic–histrionic personality composite; however, *impulsive narcissist* might be a more precise characterization. In political terms, a nonpathological label for Trump would be *high-dominance charismatic* — charismatic by virtue of the highly elevated primary Ambitious–Outgoing amalgam.

Scale 2: The Ambitious Pattern

The Ambitious pattern, as do all personality patterns, occurs on a continuum ranging from normal to maladaptive. At the well-adjusted pole are confident, socially poised, assertive personalities.⁴ Slightly exaggerated Ambitious features occur in personalities that are sometimes perceived as self-promoting, overconfident, or arrogant.⁵ In its most deeply ingrained, inflexible

⁴ Relevant to Donald Trump.

⁵ Relevant to Donald Trump.

form, the Ambitious pattern manifests itself in extreme self-absorption or exploitative behavior patterns that may be consistent with a clinical diagnosis of narcissistic personality disorder.⁶

Normal, adaptive variants of the Ambitious pattern (i.e., confident and self-serving types) correspond to Oldham and Morris's (1995) *Self-Confident* style, Strack's (1997) *confident* style, and Millon's (1994) *Asserting* pattern. Millon's Asserting pattern is positively correlated with the five-factor model's *Extraversion* and *Conscientiousness* factors and negatively correlated with its *Neuroticism* factor (Millon, 1994, p. 82). It is associated with "social composure, or poise, self-possession, equanimity, and stability" — a constellation of adaptive traits that in stronger doses shades into its dysfunctional variant, the narcissistic personality (Millon, 1994, p. 32). In combination with an elevated Outgoing (Scale 3) pattern (as in the case of Trump), it bears some resemblance to Simonton's (1988) *charismatic* executive leadership style.

Millon (1994) summarizes the Asserting (i.e., Ambitious) pattern as follows:

An interpersonal boldness, stemming from a belief in themselves and their talents, characterize[s] those high on the ... Asserting [Ambitious] scale. Competitive, ambitious, and self-assured, they naturally assume positions of leadership, act in a decisive and unwavering manner, and expect others to recognize their special qualities and cater to them. Beyond being self-confident, those with an ... [Ambitious] profile often are audacious, clever, and persuasive, having sufficient charm to win others over to their own causes and purposes. Problematic in this regard may be their lack of social reciprocity and their sense of entitlement — their assumption that what they wish for is their due. On the other hand, their ambitions often succeed, and they typically prove to be effective leaders. (p. 32)

Oldham and Morris (1995) offer the following portrait of the normal (*Self-Confident*) prototype of the Ambitious pattern:

Self-Confident [Ambitious] individuals stand out. They're the leaders, the shining lights, the attention-getters in their public or private spheres. Theirs is a star quality born of self-regard, self-respect, self-certainty — all those *self* words that denote a faith in oneself and a commitment to one's self-styled purpose. Combined with the ambition that marks this style, that ... self-regard can transform idle dreams into real accomplishment. ... Self-Confident [Ambitious] men and women know what they want, and they get it. Many of them have the charisma to attract plenty of others to their goals. They are extroverted and intensely political. They know how to work the crowd, how to motivate it, and how to lead it. (p. 85)

Strack (1997) provides the following description of the normal (*confident*) prototype of the Ambitious pattern, based on Millon's theory, empirical findings from studies correlating his Personality Adjective Check List (PACL; 1991) scales with other measures, and clinical experience with the instrument:

Aloof, calm, and confident, these personalities tend to be egocentric and self-reliant. They may have a keen sense of their own importance, uniqueness, or entitlement. Confident [Ambitious] individuals enjoy others' attention and may be quite bold socially, although they are seldom garish. They can be self-centered to a fault and may become so preoccupied with themselves that they lack concern and empathy for others. These persons have a tendency to believe that others share, or should share, their sense of worth. As a result, they may expect others to submit to their

⁶ Marginally applicable to Donald Trump.

wishes and desires, and to cater to them. ... When feeling exposed or undermined, these individuals are frequently disdainful, obstructive, or vindictive. In the workplace, confident [Ambitious] persons like to take charge in an emphatic manner, often doing so in a way that instills confidence in others. Their self-assurance, wit, and charm often win them supervisory and leadership positions. (Adapted from Strack, 1997, pp. 489–490, with minor modifications)

Millon's personality patterns have well-established diagnostic indicators associated with each of the eight attribute domains of expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object-representations, and morphologic organization. Millon's (1996) attribute domains accentuate the maladaptive range of the personality patterns in his taxonomy—in the case of the Ambitious pattern, the exploitative pole of the confident–self-serving–exploitative continuum. The major diagnostic features of the prototypal maladaptive variant of the Ambitious pattern are summarized below, along with “normalized” (i.e., de-pathologized; cf. Millon & Davis, 2000, pp. 273–277) descriptions of the more adaptive variants of this pattern.

Expressive behavior. The core diagnostic feature of the expressive acts of Ambitious individuals is their *confidence*; they are socially poised, self-assured, and self-confident, conveying an air of calm, untroubled self-assurance. More exaggerated variants of the Ambitious pattern tend to act in a *conceited* manner, their natural self-assurance shading into supreme self-confidence, hubris, immodesty, or presumptuousness. They are self-promoting and may display an inflated sense of self-importance. They typically have a superior, supercilious, imperious, haughty, disdainful manner. Characteristically, though usually unwittingly, they exploit others, take them for granted, and frequently act as though entitled. The most extreme variants of this pattern are *arrogant*; they are self-serving, reveal a self-important indifference to the rights of others, and are manipulative and lacking in integrity. They commonly flout conventional rules of shared social living, which they view as naive or inapplicable to themselves. All variants of this pattern are to some degree self-centered and lacking in generosity and social reciprocity. (Millon, 1996, p. 405; Millon & Everly, 1985, pp. 32, 39)

Interpersonal conduct. The core diagnostic feature of the interpersonal conduct of Ambitious individuals is their *assertiveness*; they stand their ground and are tough, competitive, persuasive, hardnosed, and shrewd. More exaggerated variants of the Ambitious pattern are *entitled*; they lack genuine empathy and expect favors without assuming reciprocal responsibilities. The most extreme variants of this pattern are *exploitative*; they shamelessly take others for granted and manipulate and use them to indulge their desires, enhance themselves, or advance their personal agenda, yet contributing little or nothing in return. Ironically, the nerve and boldness of all variants of this pattern, rather than being clearly seen for what it is — impertinence, impudence, or sheer audacity — often conveys confidence and authority and evokes admiration and compliance from others. Indeed, these personalities are skilled at sizing up those around them and conditioning those so disposed to adulate, glorify, and serve them. (Millon, 1996, pp. 405–406; Millon & Everly, 1985, pp. 32, 39)

Cognitive style. The core diagnostic feature of the cognitive style of Ambitious individuals is their *imaginativeness*; they are inventive, innovative, and resourceful, ardently believing in their own efficacy. More exaggerated variants of the Ambitious pattern are cognitively *expansive*; they display extraordinary confidence in their own ideas and potential for success and

redeem themselves by taking liberty with facts or distorting the truth. The most extreme variants of this pattern are cognitively *unconstrained*; they are preoccupied with self-glorifying fantasies of accomplishment or fame, are little constrained by objective reality or cautionary feedback, and deprecate competitors or detractors in their quest for glory. All variants of this pattern to some degree harbor fantasies of success or rationalize their failures; thus, they tend to exaggerate their achievements, transform failures into successes, construct lengthy and intricate justifications that inflate their self-worth, and quickly deprecate those who refuse to bend to or enhance their admirable sense of self. (Millon, 1996, p. 406; Millon & Everly, 1985, pp. 32, 39)

Mood/temperament. The core diagnostic feature of the characteristic mood and temperament of Ambitious individuals is their social *poise*; they are self-composed, serene, and optimistic, and are typically imperturbable, unruffled, and cool and levelheaded under pressure. More exaggerated variants of the Ambitious pattern are *insouciant*; they manifest a general air of nonchalance, imperturbability, or feigned tranquility. They characteristically appear coolly unimpressible or buoyantly optimistic, except when their narcissistic confidence is shaken, at which time either rage, shame, or emptiness is briefly displayed. The most extreme variants of this pattern are *exuberant*; they experience a pervasive sense of emotional well-being in their everyday life — a buoyancy of spirit and an optimism of outlook — except when their sense of superiority is punctured. When emotionally deflated, their air of nonchalance and imperturbability quickly turns to edgy irritability and annoyance. Under more trying circumstances, sham serenity may turn to feelings of emptiness and humiliation, sometimes with vacillating episodes of rage, shame, and dejection. All variants of this pattern to some degree convey a self-satisfied smugness, yet are easily angered when criticized, obstructed, or crossed. (Millon, 1996, p. 408; Millon & Everly, 1985, pp. 32, 39)

Self-image. The core diagnostic feature of the self-perception of Ambitious individuals is their *certitude*; they have strong self-efficacy beliefs and considerable courage of conviction. More exaggerated variants of the Ambitious pattern have an *admirable* sense of self; they view themselves as extraordinarily meritorious and esteemed by others, and have a high degree of self-worth, though others may see them as egotistic, inconsiderate, cocksure, and arrogant. The most extreme variants of this pattern have a *superior* sense of self. They view themselves as having unique and special qualities, deserving of great admiration and entitled to unusual rights and privileges. Accordingly, they often act in a pompous or grandiose manner, often in the absence of commensurate achievements. In high-level leadership positions, some of these individuals may exhibit a messianic self-perception; those failing to pay proper respect or bend to their will typically are treated with scorn and contempt. (Millon, 1996, p. 406)

Regulatory mechanisms. The core diagnostic features of the unconscious regulatory (i.e., ego-defense) mechanisms of Ambitious individuals are *rationalization* and *fantasy*; when their subjectively admirable self-image is challenged or their confidence shaken, they maintain equilibrium with facile self-deceptions, devising plausible reasons to justify their self-centered and socially inconsiderate behaviors. They rationalize their difficulties, offering alibis to put themselves in a positive light despite evident shortcomings and failures. When rationalization fails, they turn to fantasy to assuage their feelings of dejection, shame, or emptiness, redeem themselves, and reassert their pride and status. (Millon, 1996, p. 407)

Object representations. The core diagnostic feature of the internalized object representations of Ambitious individuals is their *contrived* nature; the inner imprint of significant early experiences that serves as a substrate of dispositions (i.e., templates) for perceiving and reacting to current life events consists of illusory and changing memories. Consequently, problematic experiences are refashioned to appear consonant with their high sense of self-worth, and unacceptable impulses and deprecatory evaluations are transmuted into more admirable images and percepts. (Millon, 1996, pp. 406–407)

Morphologic organization. The core diagnostic feature of the morphological organization of Ambitious individuals is its *spuriousness*; the interior design of the personality system, so to speak, is essentially counterfeit, or bogus. Owing to the misleading nature of their early experiences — characterized by the ease with which good things came to them — these individuals may lack the inner skills necessary for regulating their impulses, channeling their needs, and resolving conflicts. Accordingly, commonplace demands may be viewed as annoying incursions and routine responsibilities as pedestrian or demeaning. Excuses and justifications are easily mustered and serve to perpetuate selfish behaviors and exploitative, duplicitous social conduct. (Millon, 1996, pp. 407–408)

Scale 3: The Outgoing Pattern

The Outgoing pattern, as do all personality patterns, occurs on a continuum ranging from normal to maladaptive. At the well-adjusted pole are warm, congenial personalities.⁷ Slightly exaggerated Outgoing features occur in sociable, gregarious personalities.⁸ In its most deeply ingrained, inflexible form, extraversion manifests itself in impulsive, self-centered, overdramatizing behavior patterns that may be consistent with a clinical diagnosis of histrionic personality disorder.⁹

Normal, adaptive variants of the Outgoing pattern (i.e., congenial and gregarious types) correspond to Strack's (1997) *sociable* style and Millon's (1994) *Outgoing* pattern. It overlaps with the *cooperative* segment of Leary's (1957) *cooperative–overconventional* continuum (which is, however, more congruent with the Accommodating pattern). Millon's Outgoing pattern is highly correlated with the five-factor model's *Extraversion* factor, moderately correlated with its *Conscientiousness* and *Openness to Experience* factors, has a moderate negative correlation with its *Neuroticism* factor, and is uncorrelated with its *Agreeableness* factor (see Millon, 1994, p. 82).

In combination with the Ambitious pattern (as in the case of Trump), the Outgoing pattern bears some resemblance to Simonton's (1988) *charismatic* executive leadership style.

⁷ Relevant to Donald Trump.

⁸ Relevant to Donald Trump.

⁹ Marginally applicable to Donald Trump.

Chief executives with an elevated Outgoing scale, accompanied by prominent Dauntless (Scale 1B) and Ambitious (Scale 2) patterns and a low score on Scale 6 (Conscientious), as in the case of Trump, may be susceptible to errors of judgment related to “neglect of the role demands of political office, low resistance to corrupting influences, and impulsiveness. ... [as well as] favoring loyalty and friendship over competence-for-the-position in making appointments to high-level public office” (Immelman, 1993, p. 736).

Millon (1994) summarizes the Outgoing pattern as follows:

At the most extreme levels of the Outgoing pole are persons characterized by features similar to the DSM’s histrionic personality. At less extreme levels, gregarious persons go out of their way to be popular with others, have confidence in their social abilities, feel they can readily influence and charm others, and possess a personal style that makes people like them. Most enjoy engaging in social activities. ... Talkative, lively, socially clever, they are often dramatic attention-getters who thrive on being the center of social events. Many become easily bored, especially when faced with repetitive and mundane tasks. ... [Although prone to] intense and shifting moods, gregarious types are sometimes viewed as fickle and excitable. On the other hand, their enthusiasms often prove effective in energizing and motivating others. Inclined to be facile and enterprising, outgoing people may be highly skilled at manipulating others to meet their needs. (pp. 31–32)

Strack (1997) provides the following portrait of the normal (*sociable*) prototype of the Outgoing pattern, based on Millon’s theory, empirical findings from studies correlating his Personality Adjective Check List (PACL; 1991) scales with other measures, and clinical experience with the instrument:

They are characterized by an outgoing, talkative, and extraverted style of behavior and tend to be lively, dramatic, and colorful. These people are typically viewed by others as spontaneous, clever, enthusiastic, and vigorous. ... Sociable individuals may also be seen as fickle in their attachments. They may have quickly shifting moods and emotions, and may come across as shallow and ungenue. These persons tend to prefer novelty and excitement, and are bored by ordinary or mundane activities. ... They often do well interacting with the public, may be skilled and adept at rallying or motivating others, and will usually put their best side forward even in difficult circumstances. (From Strack, 1997, p. 489, with minor modifications)

In politics, leadership ability may well be compromised in individuals who “become easily bored, especially when faced with repetitive and mundane tasks,” and who are prone to “intense and shifting moods.” Those limitations must, however, be weighed against the high degree of skill with which Outgoing leaders are able to engage their capacity for “energizing and motivating” the public.

Millon’s personality patterns have predictable, reliable, observable psychological indicators (expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object representations, and morphologic organization). Owing to the clinical emphasis of his model, Millon’s (1996) attribute domains accentuate the maladaptive range of the personality patterns in his taxonomy — in the case of the Outgoing pattern, the impulsive pole of the congenial–gregarious–impulsive continuum. The “normalized” (i.e., de-pathologized; cf. Millon & Davis, 2000, pp. 238–240) diagnostic features of the Outgoing pattern are summarized below, along with the diagnostic features of maladaptive variants of the

pattern. Generally, one would expect the designated traits to be attenuated, less pronounced and more adaptive, in the case of well-functioning political leaders.

Expressive behavior. The core diagnostic feature of the expressive acts of Outgoing individuals is *sociability*; they are typically friendly, engaging, lively, extraverted, and gregarious. More exaggerated variants of the Outgoing pattern are predisposed to *impulsiveness*, intolerant of inactivity and inclined to seek sensation or excitement to prevent boredom; such individuals may display a penchant for momentary excitements, fleeting adventures, and short-sighted hedonism. The most extreme variants of this pattern are *dramatic*; they are self-dramatizing, overreactive, and volatile, typically with a highly emotional, theatrical responsiveness. As leaders, Outgoing personalities may be somewhat lacking in “gravitas,” inclined to make spur-of-the-moment decisions without carefully considering alternatives, predisposed to reckless, imprudent behaviors, and prone to scandal. (Millon, 1996, pp. 366–367, 371; Millon & Everly, 1985, p. 33)

Interpersonal conduct. The core diagnostic feature of the interpersonal conduct of Outgoing individuals is *demonstrativeness*; they are amiable and display their feelings openly. More exaggerated variants of the Outgoing pattern tend to be *attention seeking*, being attentive to popular appeal and actively soliciting praise and approval. The most extreme variants of this pattern are interpersonally *seductive*; they are flamboyant, exhibitionistic, or provocative and manipulate others to solicit praise or attract attention to themselves. In a political leadership role, Outgoing personalities display a substantial need for validation, one manifestation of which may be an overreliance on polls as an instrument of policy direction and formulation. (Millon, 1996, pp. 367–368, 371; Millon & Everly, 1985, p. 33)

Cognitive style. The core diagnostic feature of the cognitive style of Outgoing individuals is *unreflectiveness*; they avoid introspective thought and focus on practical, concrete matters. More exaggerated variants of the Outgoing pattern tend to be *superficial*, which is sometimes associated with flightiness in reasoning or thinking. They are not paragons of deep thinking or self-reflection and tend to speak and write in impressionistic generalities; though talkative, they tend to avoid earnest or complex matters and their words may lack detail and substance. The most extreme variants of this pattern have a *scattered* cognitive style; they are poor integrators of experience, which results in scattered learning, difficulty in learning from mistakes, and poor judgment. In politics, more extreme variants of the Outgoing pattern may be associated with lapses of judgment and flawed decision making. (Millon, 1996, pp. 368–369, 371; Millon & Davis, 2000, p. 236)

Mood/temperament. The core diagnostic feature of the temperamental disposition and prevailing mood of Outgoing individuals is emotional *expressiveness*; they are animated, uninhibited, and affectively responsive. More exaggerated variants of the Outgoing pattern are quite *changeable*, with occasional displays of short-lived and superficial moods. The most extreme variants of this pattern are *impetuous*; they are over-excitabile, capricious, and exhibit a pervasive tendency to be easily enthused and as easily angered or bored. Leaders with an Outgoing personality pattern are skilled at staying in touch with public sentiments, but may be mercurial, volatile, or heedless, prone to periodic emotional outbursts, and easily angered or bored. (Millon, 1996, pp. 370–371)

Self-image. The core diagnostic feature of the self-image of Outgoing individuals is their view of themselves as being socially desirable, well liked, and *charming*. More exaggerated variants of the Outgoing pattern tend to perceive themselves as stimulating, popular, and *gregarious*. The most extreme variants of this pattern are *hedonistic*; they are self-indulgent, enjoying the image of attracting acquaintances by pursuing a busy and pleasure-oriented life. Given their appealing self-image, these personalities are confident in their social abilities. In politics, Outgoing personalities, more than any other character types, are political animals strongly attracted to the lure of campaigning. They thrive on the self-validation offered by adulating crowds and the frenetic, connect-with-people activity of whistle-stop tours, political rallies, and town meetings. (Millon, 1996, pp. 369, 371; Millon & Everly, 1985, p. 33)

Regulatory mechanisms. The core diagnostic feature of the regulatory (i.e., ego-defense) mechanisms of Outgoing individuals is *self-distraction*; their preferred stress-management strategy is to engage in relatively mindless activities — for example, games, physical diversions, or other forms of amusement or recreation. The most extreme variants of the Outgoing pattern may employ the defense mechanism of *dissociation* (sometimes referred to as “compartmentalization” by political commentators, but technically a misnomer) to cope with conflict and anxiety. Whereas healthy self-distraction is generally adaptive in coping with the stress of high-level public office, some of its political implications may be troubling—including a leader’s failure to face up to unpleasant or dissonant thoughts, feelings, and actions, which may be compounded by cosmetic image-making as revealed in a succession of socially attractive but changing facades. (Millon, 1996, p. 370)

Object representations. The core diagnostic feature of the internalized object representations of Outgoing individuals is their *shallow* nature. Outgoing personalities characteristically seek stimulation, attention, and excitement, presumably to fill an inner void. The most extreme variants of the Outgoing pattern may lack a core identity apart from others, and therefore must draw sustenance and validation from those around them. In politics, Outgoing leaders thrive on the thrill of political campaigns and the international spotlight, and in office may not be averse to instigating a crisis for instrumental purposes. Thus, although generally conflict averse, they may engage in brinkmanship to force a desired outcome and secure a legacy — especially if narcissistic tendencies feature prominently in their personality profile. (Millon, 1996, p. 369)

Morphologic organization. The core diagnostic feature of the morphologic organization of Outgoing individuals is *exteroceptiveness*; they tend to focus on external matters and the here-and-now, being neither introspective nor dwelling excessively on the past, presumably to blot out awareness of a relatively insubstantial inner self. The most exaggerated variants of the Outgoing pattern tend to have a *disjointed*, loosely knit and haphazard morphological structure that contributes to a disconnection of thoughts, feelings, and actions; their internal controls are relatively scattered and unintegrated, with ad hoc methods for restraining impulses, coordinating defenses, and resolving conflicts. The personal political style of Outgoing leaders, hypothetically, may have a similar quality, with ad hoc strategies sometimes displacing the disciplined pursuit of carefully formulated policy objectives. (Millon, 1996, p. 370)

Formulation: The Ambitious–Outgoing Composite Pattern

According to Millon (1981), it has been empirically established that there is “a common association” between histrionic and the narcissistic personality features (p. 146). On rational and intuitive grounds one would expect this relationship to hold true throughout the Ambitious and Outgoing continua, whose maladaptive extremes are represented by, respectively, the histrionic and narcissistic syndromes. Based on Millon’s (1981, pp. 146–147) description of the histrionic–narcissistic mixed personality it is possible to construct the following Ambitious–Outgoing composite for individuals in the subclinical range of profile elevation:

Persons who score high on both the Ambitious and Outgoing scales are clever and charming; they are skilled at attracting and seducing others. Though highly ambitious, Ambitious–Outgoing individuals also tend to be undisciplined, traveling an erratic course of successes, failures, and abandoned hopes. Needing excitement, stimulation, and challenge, they are easily bored by routine activities; at extreme levels they may act impulsively. They display a tendency to be overly but transiently attached to one thing or person after another, exhibiting a restless, “driven” quality which may be accompanied by a deficit in social dependability. Because agreements are often hastily assumed, they may have trouble honoring their promises or meeting their obligations. Ultimately, they are more attuned to their own needs than to those of others.

Millon (1996, pp. 410–411) describes a more pathological variant of the narcissistic–histrionic personality composite, which he labels the *amorous narcissist*. The distinctive feature of this narcissistic subtype is an erotic and seductive orientation. For these personalities, the need to repeatedly demonstrate their sexual prowess is a preeminent obsession, serving to enhance their self-worth. These individuals have an indifferent conscience and aloofness to the truth, which, if brought to their attention, is likely to elicit nonchalant innocence. Though totally self-oriented, these individuals are facile in the ways of social seduction, often feign an air of dignity and confidence, and are rather skilled in deceiving others with their clever glibness. They will fabricate stories to enhance their worth and leave behind a trail of broken promises and outrageous acts, including swindling, sexual excesses, pathological lying, and fraud. Fabrication serves both to nourish their inflated self-image and to seduce others into supporting their excesses; however, the *amorous narcissist*’s disregard for the truth and talents for exploitation and deception are rarely hostile or malicious in intent. Typically, it is simply a product of their narcissistic attitude of omnipotence and their profound sense of entitlement; fundamentally, they are not malevolent. Caring little to shoulder genuine social responsibility, unwilling to change their seductive ways, never having learned to control their fantasies, and unconcerned with matters of social integrity, *amorous narcissists* tend to maintain their beguiling ways—if need be by deception, fraud, lying, and by charming others through craft and wit. Rather than apply their talents toward the goal of tangible achievements and genuine relationships, they will devote their energies to constructing intricate lies, cleverly exploiting others, and slyly extracting from them what they believe is simply their due. Criticism, confrontation, and punishment are unlikely to make them change their ways and likely to be dismissed as jealous carping. What most motivates, drives, and compels this personality composite is the act of *exhibitionistic seduction* and, hence, gaining in *narcissistic stature*.

Scale 1A: The Dominant Pattern

The Dominant pattern, as do all personality patterns, occurs on a continuum ranging from normal to maladaptive. At the well-adjusted pole¹⁰ are strong-willed, commanding, assertive personalities. Slightly exaggerated Dominant features¹¹ occur in forceful, intimidating, controlling personalities. In its most deeply ingrained, inflexible form,¹² the Dominant pattern displays itself in domineering, belligerent, aggressive behavior patterns that may be consistent with a clinical diagnosis of sadistic personality disorder.

Normal, adaptive variants of the Dominant pattern (i.e., asserting and controlling types) correspond to Oldham and Morris's (1995) *Aggressive* style, Strack's (1997) *forceful* style, Millon's (1994) *Controlling* pattern, and the *managerial* segment of Leary's (1957) managerial–autocratic continuum. Millon's Controlling pattern is positively correlated with the five-factor model's *Conscientiousness* factor, has a more modest positive correlation with its *Extraversion* factor, is negatively correlated with its *Agreeableness* and *Neuroticism* factors, and is uncorrelated with its *Openness to Experience* factor (see Millon, 1994, p. 82). Thus, these individuals — though controlling and somewhat disagreeable — tend to be emotionally stable and conscientious. According to Millon (1994), Controlling (i.e., Dominant) individuals

enjoy the power to direct and intimidate others, and to evoke obedience and respect from them. They tend to be tough and unsentimental, as well as gain satisfaction in actions that dictate and manipulate the lives of others. Although many sublimate their power-oriented tendencies in publicly approved roles and vocations, these inclinations become evident in occasional intransigence, stubbornness, and coercive behaviors. Despite these periodic negative expressions, controlling [Dominant] types typically make effective leaders, being talented in supervising and persuading others to work for the achievement of common goals. (p. 34)

Oldham and Morris (1995) supplement Millon's description with the following portrait of the normal (*Aggressive*) prototype of the Dominant pattern:

While others may aspire to leadership, Aggressive [Dominant] men and women move instinctively to the helm. They are born to assume command as surely as is the top dog in the pack. Theirs is a strong, forceful personality style, more inherently powerful than any of the others. They can undertake huge responsibilities without fear of failure. They wield power with ease. They never back away from a fight. They compete with the supreme confidence of champions. ... When put to the service of the greater good, the Aggressive [Dominant] personality style can inspire a man or woman to great leadership, especially in times of crisis. (p. 345)

Finally, Strack (1997) offers the following description of the normal (*forceful*) prototype of the Dominant pattern, based on Millon's theory, empirical findings from studies correlating his Personality Adjective Check List (PACL; 1991) scales with other measures, and clinical experience with the instrument:

¹⁰ Relevant to Donald Trump.

¹¹ Relevant to Donald Trump.

¹² It is possible that some of these more dysfunctional features are present in Donald Trump; however, the results suggest that any such traits would be of secondary significance and nonpervasive.

Like confident [Ambitious] persons, forceful [Dominant] individuals can be identified by an inclination to turn toward the self as the primary source of gratification. However, instead of the confident [Ambitious] personality's internalized sense of self-importance, forceful [Dominant] people seem driven to prove their worthiness. They are characterized by an assertive, dominant, and tough-minded personal style. They tend to be strong-willed, ambitious, competitive, and self-determined. Feeling that the world is a harsh place where exploitiveness is needed to assure success, forceful [Dominant] individuals are frequently gruff and insensitive in dealing with others. In contrast to their preferred, outwardly powerful appearance, these individuals may feel inwardly insecure and be afraid of letting down their guard. In work settings, these personalities are often driven to excel. They work hard to achieve their goals, are competitive, and do well where they can take control or work independently. In supervisory or leadership positions, these persons usually take charge and see to it that a job gets done. (From Strack, 1997, p. 490, with minor modifications)

Millon's personality patterns have predictable, reliable, observable psychological indicators (expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object representations, and morphologic organization). Millon's (1996) attribute domains accentuate the maladaptive range of the personality patterns in his taxonomy — in the case of the Dominant pattern, the aggressive pole of the asserting–controlling–aggressive continuum. The diagnostic features of the Dominant pattern with respect to each of Millon's eight attribute domains are summarized below, along with “normalized” (i.e., de-pathologized; cf. Millon & Davis, 2000, pp. 514–515) descriptions of the more adaptive variants of this pattern. Nonetheless, some of the designated traits may be less pronounced and more adaptive in the case of individuals for whom this pattern is less elevated.

Expressive behavior. The core diagnostic feature of the expressive acts of Dominant individuals is *assertiveness*; they are tough, strong-willed, outspoken, competitive, and unsentimental. More exaggerated variants of the Dominant pattern are characteristically *forceful*; they are controlling, contentious, and at times overbearing, their power-oriented tendencies being evident in occasional intransigence, stubbornness, and coercive behaviors. When they feel strongly about something, these individuals can be quite blunt, brusque, and impatient, with sudden, abrupt outbursts of an unwarranted or precipitous nature. The most extreme variants of this pattern are *aggressive*; they are intimidating, domineering, argumentative, and precipitously belligerent. They derive pleasure from humiliating others and can be quite malicious. For this reason, people often shy away from these personalities, sensing them to be cold, callous, and insensitive to the feelings of others. All variants of this pattern tend to view tender emotions as a sign of weakness, avoid expressions of warmth and intimacy, and are suspicious of gentility, compassion, and kindness. Many insist on being seen as faultless; however, they invariably are inflexible and dogmatic, rarely conceding on any issue, even in the face of evidence negating the validity of their position. They have a low frustration threshold and are especially sensitive to reproach or deprecation. When pushed on personal matters, they can become furious and are likely to respond reflexively and often vindictively, especially when feeling humiliated or belittled. Thus, they are easily provoked to attack, their first inclination being to dominate and demean their adversaries. (Millon, 1996, pp. 483, 487)

Interpersonal conduct. The core diagnostic feature of the interpersonal conduct of Dominant individuals is their *commanding* presence; they are powerful, authoritative, directive, and persuasive. More exaggerated variants of the Dominant pattern are characteristically

intimidating; they tend to be abrasive, contentious, coercive, and combative, often dictate to others, and are willing and able to humiliate others to evoke compliance. Their strategy of assertion and dominance has an important instrumental purpose in interpersonal relations, as most people are intimidated by hostility, sarcasm, criticism, and threats. Thus, these personalities are adept at having their way by browbeating others into respect and submission. The most extreme variants of this pattern are *belligerent*; they reveal satisfaction in intimidating, coercing, and humiliating others. Individuals with all gradations of this pattern frequently find a successful niche for themselves in roles where hostile and belligerent behaviors are socially sanctioned or admired, thus providing an outlet for vengeful hostility cloaked in the guise of social responsibility. (Millon, 1996, p. 484; Millon & Everly, 1985, p. 32)

Cognitive style. The core diagnostic feature of the cognitive style of Dominant individuals is its *opinionated* nature; they are outspoken, emphatic, and adamant, holding strong beliefs that they vigorously defend. More exaggerated variants of the Dominant pattern tend to be *dogmatic*; they are inflexible and closed-minded, lacking objectivity and clinging obstinately to preconceived ideas, beliefs, and values. The most extreme variants of this pattern are narrow-mindedly *bigoted*; they are socially intolerant and inherently prejudiced, especially toward envied or derogated social groups. Some of these individuals have a crude, callous exterior and seem coarsely unperceptive. This notwithstanding, all variants of this pattern are finely attuned to the subtle elements of human interaction, keenly aware of the moods and feelings of others, and skilled at using others' foibles and sensitivities to manipulate them for their own purposes. The more extreme variants of this pattern, in particular, are quick to turn another's perceived weaknesses to their own advantage — often in an intentionally callous manner — by upsetting the other's equilibrium in their quest to dominate and control. (Millon, 1996, pp. 484–485)

Mood/temperament. The core diagnostic feature of the characteristic mood and temperament of Dominant individuals is *irritability*; they have an excitable temper that they may at times find difficult to control. More exaggerated variants of the Dominant pattern tend to be *cold* and unfriendly; they are disinclined to experience and express tender feelings, and have a volatile temper that readily flares into contentious argument and physical belligerence. The most extreme variants of this pattern evince pervasive *hostility* and anger; they are fractious, mean-spirited, and malicious, with callous disregard for the rights of others. Their volcanic temper seems perpetually primed to erupt, sometimes into physical belligerence. More than any other personality type, people with this extreme variant of the Dominant pattern are willing to do harm and persecute others if necessary to have their way. All variants of this pattern are prone to anger and to a greater or lesser extent deficient in the capacity to share warm or tender feelings, to experience genuine affection and love for another, or to empathize with the needs of others. (Millon, 1996, p. 486; Millon & Everly, 1985, p. 32)

Self-image. The core diagnostic feature of the self-image of Dominant individuals is that they view themselves as *assertive*; they perceive themselves as forthright, unsentimental, and bold. More exaggerated variants of the Dominant pattern recognize their fundamentally *competitive* nature; they are strong-willed, energetic, and commanding, and may take pride in describing themselves as tough and realistically hardheaded. The most extreme variants of this pattern perceive themselves as *powerful*; they are combative, viewing themselves as self-reliant, unyielding, and strong — hard-boiled, perhaps, but unflinching, honest, and realistic. They seem

proud to characterize themselves as competitive, vigorous, and militantly hardheaded, which is consistent of their “dog-eat-dog” view of the world. Though more extreme variants may enhance their sense of self by overvaluing aspects of themselves that present a pugnacious, domineering, and power-oriented image, it is rare for these personalities to acknowledge malicious or vindictive motives. Thus, hostile behavior on their part is typically framed in prosocial terms, which enhances their sense of self. (Millon, 1996, p. 485; Millon & Everly, 1985, p. 32)

Regulatory mechanisms. The core diagnostic feature of the regulatory (i.e., ego-defense) mechanisms of highly Dominant individuals is *isolation*; they are able to detach themselves emotionally from the impact of their aggressive acts upon others. In some situations — politics being a case in point — these personalities may have learned that there are times when it is best to restrain and transmute their more aggressive thoughts and feelings. Thus, they may soften and redirect their hostility, typically by employing the mechanisms of *rationalization*, *sublimation*, and *projection*, all of which lend themselves in some fashion to finding plausible and socially acceptable excuses for less than admirable impulses and actions. Thus, blunt directness may be rationalized as signifying frankness and honesty, a lack of hypocrisy, and a willingness to face issues head on. On the longer term, socially sanctioned resolution (i.e., sublimation) of hostile urges is seen in the competitive occupations to which these aggressive personalities gravitate. Finally, these personalities may preempt the disapproval they anticipate from others by projecting their hostility onto them, thereby justifying their aggressive actions as mere counteraction to unjust persecution. Individuals with extreme, malignant variations of this pattern may engage in group scapegoating, viewing the objects of their violations impersonally as despised symbols of a devalued people, devoid of dignity and deserving degradation. (Millon, 1996, pp. 485–486)

Object representations. The core diagnostic feature of the internalized object representations of highly Dominant individuals is their *pernicious* nature. Characteristically, there is a marked paucity of tender and sentimental objects, and an underdevelopment of images that activate feelings of shame or guilt. For individuals with extreme, malignant variations of this pattern, the inner imprint of significant early experiences that serves as a substrate of dispositions (i.e., templates) for perceiving and reacting to current life events is composed of aggressive feelings and memories, and images comprising harsh relationships and malicious attitudes. Consequently, their life experience is recast to reflect the expectancy of hostility and the need to preempt it. These dynamics undergird a “jungle philosophy” of life where the only perceived recourse is to act in a bold, critical, assertive, and ruthless manner. Of particular relevance to politics is the harsh, antihumanistic disposition of the more extreme variants of these personalities. Some are adept at pointing out the hypocrisy and ineffectuality of so-called “do-gooders”; they rail against the devastating consequences of international appeasement. Others justify their toughness and cunning by pointing to the hostile and exploitative behavior of others; to them, the only way to survive in this world is to dominate and control. (Millon, 1996, p. 485)

Morphologic organization. The core diagnostic feature of the morphologic organization of highly Dominant individuals is its *eruptiveness*; powerful energies are so forceful that they periodically overwhelm these personalities’ otherwise adequate modulating controls, defense operations, and expressive channels, resulting in the harsh behavior commonly seen in these personalities. This tendency is exacerbated by the unrestrained expression of intense and

explosive emotions stemming from early life experiences. Moreover, these personalities dread the thought of being vulnerable, of being deceived, and of being humiliated. Viewing people as basically ruthless, these personalities are driven to gain power over others, to dominate them and outmaneuver or outfox them at their own game. Personal feelings are regarded as a sign of weakness and dismissed as mere maudlin sentimentality. (Millon, 1996, p. 486)

Scale 1B: The Dauntless Pattern

The Dauntless pattern, as do all personality patterns, occurs on a continuum ranging from normal to maladaptive. At the well-adjusted pole are individualistic, daring, adventurous personalities.¹³ Exaggerated Dauntless features occur in somewhat unconscientious, risk-taking, dissenting personalities.¹⁴ In its most deeply ingrained, inflexible form, the Dauntless pattern displays itself in reckless, irresponsible, self-aggrandizing behavior patterns that may be consistent with a clinical diagnosis of antisocial personality disorder.¹⁵

A recurring theme in armchair analysis of Trump's personal psychology throughout the 2016 election campaign has been the frequency with which labels such as "psychopath," "sociopath," or even "antisocial personality disorder" have been attached to the candidate (see, for example, a review by Hamblin, 2016). Consequently, the Dauntless pattern warrants special consideration in empirical examination of Trump's personality profile.

Normal, adaptive variants of the Dauntless pattern (i.e., adventurous and dissenting types) are congruent with Oldham and Morris's (1995) *Adventurous* style, Millon's (1994) *Dissenting* pattern, and the low pole of Simonton's (1988) *interpersonal* executive leadership style. Theoretically, the normal, adaptive variant of the Dauntless pattern incorporates facets of the five-factor model's *Extraversion* factor and the low pole of its *Agreeableness* factor; however, the Dissenting scale of the Millon Index of Personality Styles (Millon, 1994) is uncorrelated with the NEO Personality Inventory's (Costa & McCrae, 1985) *Extraversion* factor, though — as expected — this scale is negatively correlated with its *Agreeableness* factor. In addition, the Dissenting pattern is moderately correlated with the NEO Personality Inventory's *Neuroticism* factor, has a small negative correlation with its *Conscientiousness* factor, and is uncorrelated with its *Openness to Experience* factor (see Millon, 1994, p. 82). The Dauntless pattern, as conceptualized in the MIDC, is congruent with the low poles of Simonton's (1988) *deliberative* and *interpersonal* leadership styles and incorporates elements of his *neurotic* and *charismatic* styles.

According to Oldham and Morris (1995, pp. 227–228), the following eight traits and behaviors are reliable clues to the presence of an Adventurous style:

¹³ Relevant to Donald Trump.

¹⁴ Marginally relevant to Donald Trump.

¹⁵ Not applicable to Donald Trump.

1. *Nonconformity*. Live by their own internal code of values; not strongly influenced by the norms of society.
2. *Challenge*. Routinely engage in high-risk activities.
3. *Mutual independence*. Not overly concerned about others; expect each individual to be responsible for him- or herself.
4. *Persuasiveness*. “Silver-tongued” charmers talented in the art of social influence.
5. *Wanderlust*. Like to keep moving; live by their talents, skills, ingenuity, and wits.
6. *Wild oats*. History of childhood and adolescent mischief and hell-raising.
7. *True grit*. Courageous, physically bold, and tough.
8. *No regrets*. Live in the present; little guilt about the past or anxiety about the future.

Oldham and Morris (1995) provide the following description of the *Adventurous* style:

[People] with this personality style venture where most mortals fear to tread. ... They live on the edge, challenging boundaries and restrictions, pitting themselves for better or for worse in a thrilling game against their own mortality. No risk, no reward, they say. Indeed, for people with the Adventurous personality style, the risk is the reward. (p. 227)

Ultimately, adventurous types “are fundamentally out for themselves” (Oldham & Morris, 1995, p. 228); they “do not need others to fuel their self-esteem or to provide purpose to their lives, and they don’t make sacrifices for other people, at least not easily” (p. 229). Furthermore, they believe in themselves and do not require anyone’s approval; they have “a definite sense of what is right or wrong for them, and if something is important to them, they’ll do it no matter what anyone thinks” (p. 229). This may be one of Trump’s political strengths, because career politicians are usually socialized or at least conditioned to be responsive to public and peer approval. Despite their self-orientation, adventurous people are capable of advancing a cause incidentally in the service of their personal desires or ambition; but, fundamentally, what matters is the momentary excitement, emotional vitality, or sense of aliveness that they experience, not love of person, country, or cause (p. 229).

Technically, Oldham and Morris’s Adventurous style appears to be a more adaptive variant of Millon’s “risk-taking psychopath,” a composite of his aggrandizing (antisocial) and gregarious (histrionic) personality patterns (see Millon, 1996, p. 452; Millon & Davis, 1998, p. 164; Millon & Davis, 2000, pp. 111–112).

Millon (1994), who uses the term *Dissenting* as a label for the normal, adaptive variant of the aggrandizing, antisocial pattern, asserts that these individuals tend to “flout tradition,” “act in a notably autonomous fashion,” “are not social-minded,” and “are not inclined to adhere to conventional standards, cultural mores, and organizational regulations” (p. 32). They are

unconventional persons who seek to do things their own way and are willing to take the consequences for doing so. They act as they see fit regardless of how others judge them. Inclined at times to elaborate on or shade the truth, as well as ride close to the edge of the law, they are not conscientious — that is, they do not assume customary responsibilities. Rather, they frequently assert that too many rules stand in the way of people who wish to be free and inventive, and that they prefer to think and act in an independent and often creative way. Many believe that persons in authority are too hard on people who don’t conform. Dissenters dislike following the same routine

day after day and, at times, act impulsively and irresponsibly. They will do what they want or believe to be best without much concern for the effects of their actions on others. Being skeptical about the motives of most people, and refusing to be fettered or coerced, they exhibit a strong need for autonomy and self-determination. (p. 33)

Although the Adventurous (Oldham & Morris, 1995) and Dissenting (Millon, 1994) personality styles are adaptive variants of antisocial personality disorder, it should be noted that antisocial-spectrum personality patterns commonly become less pervasive, intrusive, and maladaptive by early middle age. According to *DSM-IV*, “Antisocial Personality Disorder has a chronic course but may become less evident or remit as the individual grows older, particularly in the fourth decade of life” (APA, 1994, p. 648).

Millon (1996), in examining the developmental background of these so-called “socially sublimated antisocials” (p. 462), asserts that their experiential history is often characterized by secondary status in the family. He writes:

It is not only in socially underprivileged families or underclass communities that we see the emergence of antisocial individuals. The key problem for all has been their failure to experience the feeling of being treated fairly and having been viewed as a person/child of value in the family context. Such situations occur in many middle- and upper-middle class families. (p. 462)

Finally, Millon and Davis (2000) specifically address the relevance of the Dauntless pattern to leadership — notably the intermediate range of the continuum, where normality shades into the more aggrandizing variant of this pattern. They suggest that within this range “we find persons [e.g., some very successful industrialists, entrepreneurs, and corporate executives] who have never come into conflict with the law, but only because they are very effective in covering their tracks”:

For many politicians, the deception of doublespeak is a talent necessary for survival. Skirting the edge of deceitfulness, they “spin” objective events by minimizing negatives and exaggerating positives. When cornered, they focus attention on mitigating circumstances and lie by omission by failing to report the total circumstances and full motives of their actions. Moreover, they deliberately create public policy so complex that any particular aspect might be singled out to impress the special interest of the moment. (p. 107)

Millon’s personality patterns have well-established diagnostic indicators associated with each of the eight attribute domains of expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object-representations, and morphologic organization. The diagnostic features of the Dauntless pattern with respect to each of these attribute domains are summarized below. Because of the clinical emphasis of his model, Millon’s (1996) attribute domains accentuate the maladaptive range of the personality patterns in his taxonomy — in the case of the Dauntless pattern, the aggrandizing pole of the adventurous–dissenting–aggrandizing continuum. The “normalized” (i.e., de-pathologized; cf. Millon & Davis, 2000, pp. 107–109) diagnostic features of the Dauntless pattern are summarized below; nonetheless, some of the designated traits may be attenuated or less pronounced, and more adaptive in the case of well-functioning political leaders — especially in cases where dauntlessness constitutes a less elevated secondary or subsidiary pattern in the leader’s overall personality profile.

Expressive behavior. Dauntless personalities are typically adventurous, fearless, and daring, attracted to challenge and undeterred by personal risk. They do things their own way and are willing to accept the consequences for doing so. Not surprisingly, they often act hastily and spontaneously, failing to plan ahead or heed consequences, making spur-of-the-moment decisions without carefully considering alternatives. This penchant for shooting from the hip can signify boldness and the courage of one's convictions as easily as it may constitute shortsighted imprudence and poor judgment. (Millon, 1996, pp. 444–445, 449–450; Millon & Davis, 1998, p. 164)

Interpersonal conduct. Dauntless personalities are rugged individualists, not compromisers or conciliators. They take clear stands on the issues that matter, backed up by the self-confidence and personal skills and talents to prevail. Though generally jovial and convivial, they become confrontational and defiant when obstructed or crossed. (Millon, 1996, pp. 445–446, 449–450; Millon & Davis, 1998, p. 164)

Cognitive style. Dauntless personalities are original, independent-minded, and unconventional. At their best, these personalities are enterprising, innovative, and creative. They are nonconformists first and foremost, disdainful — even contemptuous — of traditional ideals and values. Moreover, Dauntless personalities shirk orthodoxy and typically believe that too many rules stand in the way of freedom. In politics, these individuals may be described as “mavericks.” (Millon, 1996, pp. 446–447, 449–450; Millon & Davis, 1998, p. 164)

Mood/temperament. Dauntless personalities are untroubled and easygoing, but quickly become irritable and aggressive when crossed. They are cool, calm, and collected under pressure, restless and disgruntled when restricted or confined. Tough-minded and unsentimental, they display their feelings openly and directly. (Millon, 1996, pp. 448–449, 449–450; Millon & Davis, 1998, p. 164)

Self-image. Dauntless personalities are self-confident, with a corresponding view of themselves as self-sufficient and autonomous. They pride themselves on their independence, competence, strength, and their ability to prevail without social support, and they expect the same of others. (Millon, 1996, pp. 447, 449–450; Millon & Davis, 1998, p. 164)

Regulatory mechanisms. Dauntless personalities are unconstrained. They express their impulses directly, often in rash and precipitous fashion, and generally without regret or remorse. They rarely refashion their thoughts and actions to fit a socially desirable mold. (Millon, 1996, p. 448)

Object representations. Dauntless personalities are driven by restive impulses to discredit established cultural ideals and mores, yet are skilled in arrogating for themselves what material spoils they can garner from society. Though fundamentally driven by self-serving motives, they are capable of incidentally advancing social causes in the service of their own ambition. (Millon, 1996, p. 447)

Morphologic organization. The inner drives and impulses of Dauntless personalities are unruly, recalcitrant, and rebellious, which gives rise to unfettered self-expression, a marked

intolerance of delay or frustration, and low thresholds for emotional discharge, particularly those of a hostile nature. (Millon, 1996, p. 448)

Formulation: The Dauntless–Ambitious/Dominant Composite Pattern

A highly Dauntless (Scale 1B) pattern, infused with substantial Ambitious (Scale 2) and Dominant (Scale 1A) features, points to a personality composite that Millon (1996, pp. 451–452; see also Millon & Davis, 2000, p. 111) has labeled the *reputation-defending antisocial*.

Millon and Davis (2000) describe the reputation-defending antisocial as follows:

Not all antisocials covet material possessions or power. Those who share traits with the [narcissistic and] sadistic personality are motivated by the desire to defend and extend a reputation of bravery and toughness. Antisocial acts are designed to ensure that others notice them and accord them the respect that they deserve. As such, they are perpetually on guard against the possibility of belittlement. Society should know that the reputation-defending antisocial is someone significant, not to be easily dismissed, treated with indifference, taken lightly, or pushed around. Whenever their status or ability is slighted, they may erupt with ferocious intensity, posturing and threatening until their rivals back down. Some reputation-defending antisocials are loners, some ... [have an adolescent history of involvement in] gang activities, and still others simply seek to impress peers with aggressive acts of leadership or violence that secure their status as the alpha male, the dominant member of the pack. Being tough and assertive is essentially a defensive act intended to prove their strength and guarantee a reputation of indomitable courage. (p. 111)

Formulation: The Dauntless–Outgoing Composite Pattern

Millon describes an antisocial–histrionic composite personality pattern, which he labels “the risk-taking antisocial” (see Millon, 1996, p. 452; Millon & Davis, 1998, p. 164; Millon & Davis, 2000, pp. 111–112). Millon and Davis’s (1998) description of the “risk-taking psychopath,” though less adaptive and socially more obtrusive than Millon’s *dissenting* style, appears to be more closely related to Oldham and Morris’s (1995) *adventurous* style.

Although Trump’s MIDC scale elevations do not rise to a level that would warrant any kind of “antisocial” label, it may be instructive to review the prototypal features of the *risk-taking* type, bearing in mind that Trump may possess some of its features in attenuated form. These personalities are driven by a need to “prove their mettle.” Beyond a tendency to respond before thinking, acting impulsively, and behaving “in an unreflective and uncontrolled manner,” these individuals are “substantially fearless,” undeterred by events “that most people experience as dangerous or frightening.” They are disinclined to give up their need for autonomy and independence, may lack self-discipline, and “are tempted to prove themselves against new and exciting ventures, traveling on a hyperactive and erratic course of hazardous activity” (Millon & Davis, 1998, p. 164). Elsewhere, Millon and Davis (2000) offer a thumbnail sketch of these individuals as “dauntless, venturesome, intrepid, bold, audacious, [and] ... daring” (p. 110). In short, the essential feature of antisocial-spectrum risk taking is risk taking for its own sake — “for the excitement it provides, and for the sense of feeling alive and involved in life” (Millon & Davis, 1998, p. 164). Unlike prototypal psychopaths, they are *not* driven by motives of envy, avarice, material gain, defense of reputation, or retribution.

As a final caveat, the more flagrant elements of the risk-taking pattern typically diminish considerably by middle age — a developmental milestone Trump reached some decades ago. And, to reiterate, his profile elevation on the MIDC Dauntless scale reached only moderate levels.

Leadership Implications

The present study offers an empirically based framework for anticipating Donald Trump's performance as chief executive. There is utility in coordinating the present findings with alternative models of political personality and complementary theories of political leadership. Stanley Renshon (1996), for example, has proposed “three distinct aspects” (p. 226) of political leadership shaped by character: mobilization — the ability to arouse, engage, and direct the public; orchestration — the organizational skill and ability to craft specific policies; and consolidation — the skills and tasks required to preserve the supportive relationships necessary for an executive leader to implement and institutionalize his or her policy judgments (pp. 227, 411).

Dean Keith Simonton has written extensively about historical greatness in general (e.g., 1994) and presidential success in particular (e.g., 1987). Simonton (1988), who has proposed five empirically derived presidential styles (charismatic, interpersonal, deliberative, neurotic, and creative), offers another promising frame of reference. Given the fidelity with which his leadership styles mirror the currently popular five-factor model, whose correlates with Millon's personality patterns have been empirically established (Millon, 1994, p. 82), Simonton's stylistic dimensions may have considerable heuristic value for establishing links between personality and political leadership.

Similarly, Lloyd Etheredge (1978) developed a personality-based model of foreign policy leadership orientation that can be employed rationally and intuitively to enhance and complement the predictive utility of Millon's model with respect to leadership performance in the arena of international relations.

James David Barber (1972/1992), focusing more narrowly on presidential temperament, developed a simple model of presidential character that has shown some utility in predicting successful (active-positive) and failed (active-negative) presidencies.

In terms of Renshon's (1996) three critical components of political leadership, Trump's greatest strength, by dint of his outgoing personality in concert with supreme self-confidence, is *mobilization*, which will be instrumental in rallying, energizing, and motivating his supporters. In the sphere of *orchestration*, Trump's dearth of personality traits related to conscientiousness (e.g., diminished capacity for sustained focus and insufficient attention to detail), along with his extravert's impulsiveness and susceptibility to boredom, may serve as an impediment to presidential performance. Trump is no “policy wonk” — an attribute firmly embedded in his personality. Finally, his ambition and dominant personality attributes, including the drive to excel, goal-directedness, and proficiency in taking charge and seeing that the job gets done, will serve Trump well in the arena of *consolidation*, potentially augmenting his outgoing, “retail” politician's skills in consummating his policy objectives.

From Simonton's perspective, Trump's MIDC elevations on the Outgoing, Ambitious, and Dominant scales imply a "charismatic" leadership style, which conceptually corresponds to the "Big Five" Extraversion factor. According to Simonton (1988), the charismatic leader

typically "finds dealing with the press challenging and enjoyable" ... [Outgoing], ... "consciously refines his own public image" ... [Outgoing, Ambitious], "has a flair for the dramatic" ... [Outgoing], "conveys [a] clear-cut, highly visible personality" ... [Outgoing], is a "skilled and self-confident negotiator" ... [Dominant, Ambitious], "uses rhetoric effectively" ... [Ambitious, Dominant], is a "dynamo of energy and determination" ... [Outgoing, Ambitious, Dominant], ... "keeps in contact with the American public and its moods" ... [Outgoing], "has [the] ability to maintain popularity" ... [Outgoing], [and] "exhibits artistry in manipulation" ... [Ambitious, Dominant]. (p. 931; associated Millon patterns added)

In addition, the charismatic leader "rarely permits himself to be outflanked" [Dominant, Ambitious] and rarely "suffers health problems that tend to parallel difficult and critical periods in office" (pp. 930, 931; associated MIDC patterns added).

Trump's weak loadings on the Conscientious (Scale 6) pattern, along with his elevations on the Dauntless (Scale 1B) and Outgoing (Scale 4) patterns, suggest that he is *not* likely to display Simonton's "deliberative" leadership style, which conceptually corresponds to the "Big Five" Conscientiousness factor. According to Simonton (1988), the deliberative leader

commonly "understands [the] implications of his decisions; exhibits depth of comprehension" ..., is "able to visualize alternatives and weigh long term consequences" ..., "keeps himself thoroughly informed; reads briefings [and] background reports" ..., is "cautious, conservative in action" ..., and only infrequently "indulges in emotional outbursts." (p. 931)

As a nondeliberative leader, Trump would be inclined "to force decisions to be made prematurely," lose sight of his limitations, and place "political success over effective policy" (pp. 930, 931). Based on his personality profile, those qualities could hamper a prospective President Trump.

Concerning his likely foreign policy orientation, Trump's profile most closely resembles what Etheredge (1978), in his "four-fold speculative typology" of "fundamental personality-based differences in orientation towards America's preferred operating style and role in the international system" (p. 434), has called the "high-dominance extrovert." Etheredge contends that high-dominance extraverts (such as Presidents Theodore and Franklin Roosevelt, John F. Kennedy, and Lyndon B. Johnson) share high-dominance introverts' tendency "to use military force"

[b]ut in general ... are more flexible and pragmatic, more varied in the wide range and scope of major foreign policy initiatives. ... [In contrast to high-dominance introverts, they] want to lead rather than contain. They advocate change, seek to stir up things globally. ... [and] are relatively more interested in *inclusion* [compared with high-dominance introverts, who favor exclusion], initiating programs and institutions for worldwide leadership and cooperative advance on a wide range of issues. (p. 449).

In terms of presidential temperament, Trump seems most similar to Barber's (1972/1992) active-positive presidential character — leaders like Bill Clinton and George W. Bush: self-confident, optimistic, and deriving pleasure from the exercise of power in pursuit of political objectives.

In conclusion, Donald J. Trump's major personality-based leadership strengths are the important political skills of charisma and interpersonality — a confident, outgoing tendency that will enable him to connect with critical constituencies, mobilize popular support, and retain a following and his self-confidence in the face of adversity. Outgoing, adaptively narcissistic leaders characteristically are confident in their social abilities, skilled in the art of social influence, and have a charming, engaging personal style that tends to make people like them and overlook their gaffes and foibles.

Trump's major personality-based limitations include the propensity for a superficial grasp of complex issues, a predisposition to be easily bored by routine (with the attendant risk of failing to keep himself adequately informed), an inclination to act impulsively without fully appreciating the implications of his decisions or the long-term consequences of his policy initiatives, and a predilection to favor personal connections, friendship, and loyalty over competence in his staffing decisions and appointments — all of which could render a Trump administration relatively vulnerable to errors of judgment.

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