

Social Network Strength Scale

Think of up to twelve (12) very close friends you see regularly. Write down their first initials in the space provided. When you cannot think of any more very close friends, stop listing. For each very close friend, click the boxes next to each function the friend provides. You may click anywhere from 0 boxes to all 6 boxes. Refer to the descriptions below for descriptions of the friendship functions. When you have finished, click “continue.”

- **Stimulating companionship:** *Engaging in pleasant, entertaining and interesting activities.*
- **Help:** *The provision of direction, advice, support, and other forms of assistance.*
- **Intimacy:** *Understanding of the states and needs of the other, providing openness to honest expression of thoughts, emotional states, and private information.*
- **Reliable alliance:** *Availability and continuous loyalty.*
- **Self-validation:** *The purpose of reassuring, encouraging, and assisting one another to uphold a positive self-image.*
- **Emotional security:** *The delivery of comfort and trust in novel or threatening circumstances.*

Initial	Function
	<ul style="list-style-type: none">▪ Stimulating companionship▪ Help▪ Intimacy▪ Reliable alliance▪ Self-validation▪ Emotional security