

Social Network Variation Scale

How many semesters have you attended CSB/SJU? 0 1 2 3 4 5 6 7 8 9 10 11 12

What is your expected graduation year? 2017 2018 2019 2020

Please read each statement and rank how true each one is to you.

- 1 = Very untrue of me.
- 2 = Untrue of me.
- 3 = Somewhat untrue of me.
- 4 = Neutral.
- 5 = Somewhat true of me.
- 6 = True of me.
- 7 = Very true of me.

1. Variety in interests and activities in my social network gives me more freedom to do things.
2. I initiate conversation with people daily.
3. My friends and I tend to be involved in the same activity.
4. I socialize with a variety of people, so I am exposed to a variety of interests.
5. I participate in a wide variety of activities in my social life.
6. I do fun things with a lot of different people.
7. I know different people with whom I discuss different topics.
8. I don't feel like I participate with any group.
9. I have friends available who are able to do different things with me.
10. I have so many friends that I rarely feel lonely.
11. Each of my friends has several different interests.
12. If I want to do something new, it is easy to find a friend who will do it with me.

Please select how likely you are to want to do the particular activity under "Do the activity."
Note that this may be different from how frequently you do the activity. Please select how likely you are to have someone with whom to participate in the activity under "Have someone to participate with me."

- 0 = Never.
- 1 = Rarely.
- 2 = Occasionally
- 3 = A moderate amount
- 4 = A great deal

1. Go to a movie or stream a movie or TV show.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4

2. Participate in outdoor activities (e.g., fishing, hiking, biking, beach, rock wall, etc.).
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
3. Get coffee or snacks.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
4. Play a musical instrument, sing, or listen to music.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
5. Read and/or talk about books or literature.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
6. Go shopping.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
7. Chat/play video games/hang out with friends.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
8. Try something new.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
9. Go stargazing, relax, watch TV, or engage in leisure time.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
10. Go on a run, exercise, or lift weights.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
11. Make a meal or grill out.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
12. Volunteer.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
13. Participate in a hobby.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
14. Go to a concert, play, or fine arts event.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
15. Go out to parties or to the bars.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
16. Attend a varsity athletic event.
 - a. Do the activity: 0 1 2 3 4

- b. Have someone to participate with me: 0 1 2 3 4
- 17. Go out to eat.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
- 18. Participate in groups or organizations on or off campus.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with me: 0 1 2 3 4
- 19. Have intimate or emotional conversations.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with: 0 1 2 3 4
- 20. Attend an educational or informational event.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with: 0 1 2 3 4
- 21. Attend a cultural event.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with: 0 1 2 3 4
- 22. Attend church or other religious function.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with: 0 1 2 3 4
- 23. Seek advice from an older student, faculty, or mentor of some kind.
 - a. Do the activity: 0 1 2 3 4
 - b. Have someone to participate with: 0 1 2 3 4