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Our Galway Time, Fall 2019

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Our Galway Time, Fall 2019

A community poem drawn from student journal entries

I hoped

To see something I've never seen before

To experience something that's out of my element, that maybe I wouldn't usually try

To experience a deep level of understanding

To observe differences

For a time without needlessly worrying about stupid stuff back home

To realize something new

I noticed

How much I talk versus how much I listen
That I have laughed more in the past few days than in a long time
How much I struggle just sitting, especially in a lecture
How much I rely on a routine
How I need to improve my patience and ability to keep a positive attitude
How much I like a lot of "little comforts" in my life
That my meds make me irritable
In a group I'm a huge listener
I need more organization than I thought I did
How far my energy will go because I'm so excited
I have high expectations for my life and when things don't go as planned I get stressed
I notice the negative before the positive.

I didn't realize

I could be so blessed to have this opportunity How much I enjoy the scenery of mountains That family burial sites are still practiced How beautiful the beaches are How stunning Ireland would be The grass really is greener

I want to remember

Stories we made as a group The views The exhilaration and fear that I felt That feeling of awe and excitement The waves How vast the world is and how much there is still left to discover

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