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Beyond Burnout: Investigating Teacher Demoralization in Preservice Education

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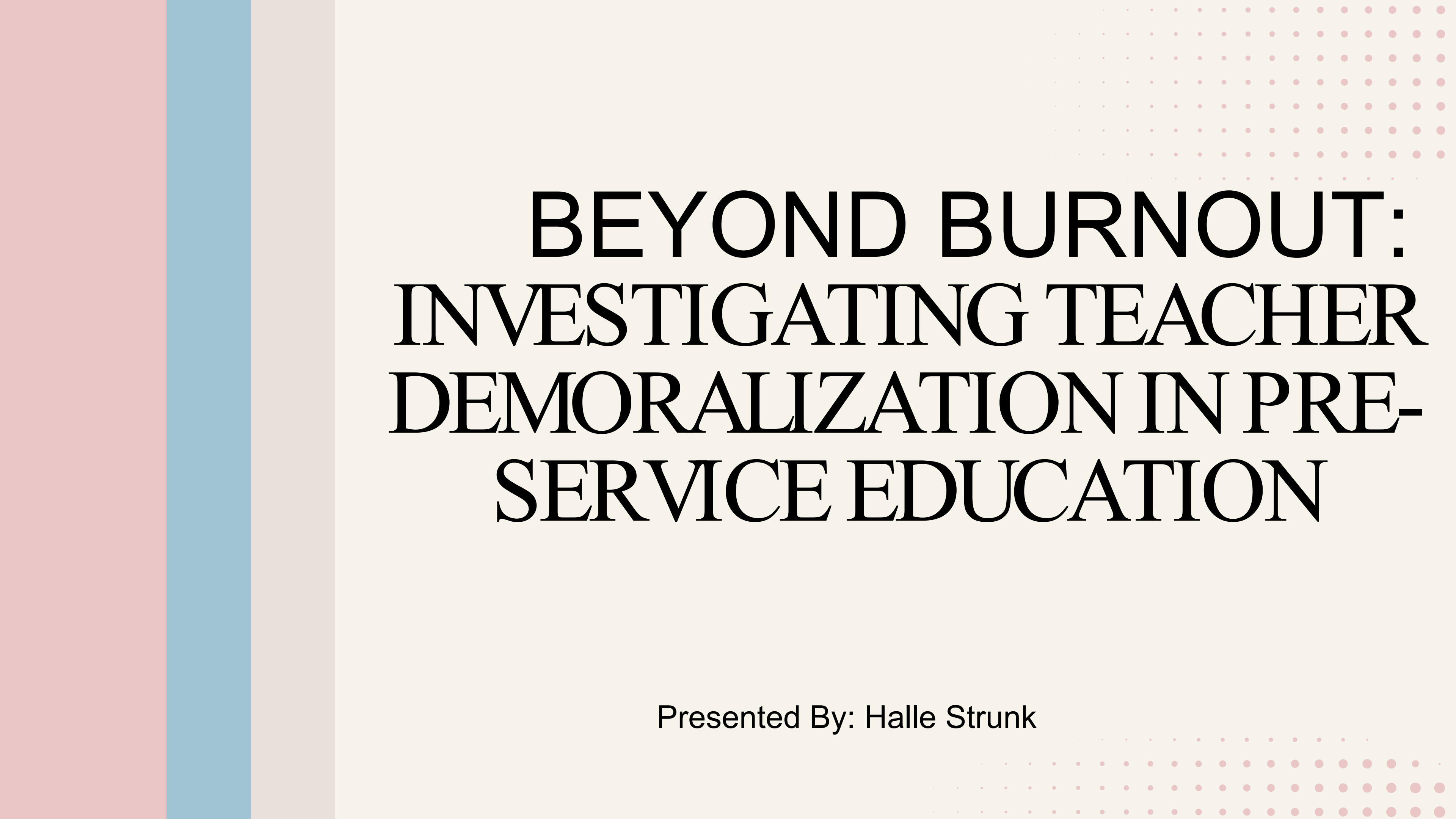


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BEYOND BURNOUT: INVESTIGATING TEACHER DEMORALIZATION IN PRE- SERVICE EDUCATION

Presented By: Halle Strunk

OVERVIEW

- What is it?
- Why does it matter?
- Does technology play a part?
- What can we do now?
- Personal Statement
- Closing

WHAT IS IT?

- Demoralization demands a collective and structural response rather than an individual one like with burnout.
- Current factors: Testing, standardization, stripping of autonomy, narrowing curriculum, accountability systems, etc.

Demoralization

Having lost confidence or hope: disheartened.

If you are demoralized, you are not done, there is more in you.

Burnout

A state of complete mental, physical, and emotional exhaustion.

With burnout, there's nothing left, no possibility for regeneration

WHY DOES IT MATTER?

The Kids

- Teachers who are not providing students with the education they deserve
- Unqualified teachers
- Learning is negatively effected

Preservice Teachers

- Unsure of their career choice
- Not sure what to believe and who to listen to
- Unhelpful conversations during field experiences

IS SOCIAL MEDIA CONTRIBUTING?

- What have you seen online?
- What have I seen online?
- Who is posting?
- Positives of social media?

WHAT CAN WE DO NOW?

How can we re-moralize?

“Involving educators in initiatives to find solutions. Whenever teachers are brought in to investigate and develop interventions, you’re creating opportunities for authentic community and taking action, in a way that feels less isolating. Unions can be an incredible source of support for teachers and help create those communities that can make change(Santoro).”

- Create an authentic professional community where voices can be heard
- Do not place the “burnout” label if what you are experiencing is demoralization
- Be the light!
- Positive and honest posts
- Be supportive and excited for preservice teachers

PERSONAL STATEMENT

As an aspiring educator, I see it as my responsibility to speak up for fellow teachers who may feel disheartened by various factors such as policies, social media pressures, or administrative decisions. I understand that this sense of demoralization isn't a reflection of personal failure on our part as educators. Instead, my goal is to advocate for the importance of education, motivating future teachers to maintain their confidence and readiness for the challenges of their chosen profession.

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THANK YOU

Presented By : Halle Strunk



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