Service through Compassion

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Service Through Compassion

Zayde Smith, Noe Vega

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College of Saint Benedict and Saint John’s University

Participants
• Community Members receiving aid ranged in age from early 20’s to late 70’s
• Volunteers from the community ranged in age from early 20’s to late 70’s

Procedure
• Volunteer once a week for 4 hours
• Assist community members with picking out goods according to their needs
• Keep the community center clean and sanitized
• Check in community members and direct them to the proper locations.

Obstacles
• Scheduling Limitations
• Ensuring COVID-19 safety measures were followed
• Language and cultural barriers

Accomplishments
• Develop and maintain relationships with the community
• Provide the community with healthy nutritious meal

Long term Benefits
• Community members have a place they can go whenever they might need assistance when it comes to food, finances, and other essential items

Method

Introduction

As our service-learning project for our Community Psychology class, we volunteered at Catholic Charities located in Saint Cloud. We have worked to continue to promote the Charities goal of providing services to those in crisis and/or seeking help. We guided clients through the food shelf and informed them how much product they were allowed to have, cleaned the lobby of the Charity, helped clients carry their supplies to their vehicle, all while making sure they felt welcome. The purpose of this Charity is to provide relief for those that may be struggling to make ends meet. They do this by offering a fully stocked food shelf and clothing section.

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