The Political Personality of 2020 Democratic Vice-Presidential Nominee Kamala Harris

Anne Marie Griebie  
*College of Saint Benedict/Saint John's University, AGRIEBIE001@CSBSJU.EDU*

Aubrey Immelman  
*College of Saint Benedict/Saint John's University, aimelman@csbsju.edu*

Yitao Zhang  
*College of Saint Benedict/Saint John's University, YZHANG003@CSBSJU.EDU*

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THE POLITICAL PERSONALITY OF 2020 DEMOCRATIC

VICE-PRESIDENTIAL NOMINEE KAMALA HARRIS

A PRELIMINARY STUDY

Anne Marie Griebie, Aubrey Immelman, and Yitao Zhang

Department of Psychology
College of Saint Benedict
Saint John’s University
St. Joseph, MN 56374
Telephone: (320) 363-5481
E-mail: aimmelman@csbsju.edu

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Abstract

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A Preliminary Study

Anne Marie Griebie, Aubrey Immelman, and Yitao Zhang
College of Saint Benedict and Saint John’s University
St. Joseph, MN 56374, U.S.A.
Unit for the Study of Personality in Politics
http://personality-politics.org/

This paper presents the results of an indirect assessment of the personality of U.S. senator Kamala Harris, Democratic vice-presidential nominee in the 2020 U.S. presidential election, from the conceptual perspective of personologist Theodore Millon.

Psychodiagnostically relevant data about Harris were collected from biographical sources and media reports and synthesized into a personality profile using the Millon Inventory of Diagnostic Criteria (MIDC), which yields 34 normal and maladaptive personality classifications congruent with DSM-III-R, DSM-IV, and DSM-5.

The personality profile yielded by the MIDC was analyzed in accordance with interpretive guidelines provided in the MIDC and Millon Index of Personality Styles manuals. Harris’s primary personality pattern was found to be Dominant/asserting (a measure of aggressiveness), complemented by secondary Ambitious/confident and Outgoing/congenial patterns — measures of narcissism and extraversion, respectively.

In summary, Harris’s personality composite can be characterized as high-dominance charismatic — charismatic by virtue of the elevated Ambitious–Outgoing amalgam.

Dominant individuals enjoy the power to direct others and to evoke obedience and respect; they are tough and unsentimental and often make effective leaders. Ambitious individuals are bold, competitive, and self-assured; they easily assume leadership roles, expect others to recognize their special qualities, and sometimes act as though entitled. Outgoing individuals are dramatic attention-getters who thrive on being the center of social events, go out of their way to be popular with others, and have confidence in their social abilities.

Harris’s major personality strengths in a political role are her confident assertiveness and personal charisma. Her major personality-based shortcoming is likely to be a predisposition to occasional lapses in emotional restraint or self-discipline.
Introduction

This paper reports the results of a psychodiagnostic case study of U.S. senator Kamala Devi Harris, Democratic vice-presidential nominee in the 2020 U.S. presidential election. The findings are preliminary in view of the dearth of psychodiagnostically relevant data currently available in the public domain.


I employ the terms personality and politics in Fred Greenstein’s (1992) narrowly construed sense. Politics, by this definition, “refers to the politics most often studied by political scientists — that of civil government and of the extra-governmental processes that more or less directly impinge upon government, such as political parties” and campaigns. Personality, as narrowly construed in political psychology, “excludes political attitudes and opinions … and applies only to nonpolitical personal differences” (p. 107).

Personality may be concisely defined as:

a complex pattern of deeply embedded psychological characteristics that are largely nonconscious and not easily altered, expressing themselves automatically in almost every facet of functioning. Intrinsic and pervasive, these traits emerge from a complicated matrix of biological dispositions and experiential learnings, and ultimately comprise the individual’s distinctive pattern of perceiving, feeling, thinking, coping, and behaving. (Millon, 1996, p. 4)

Greenstein (1992) makes a compelling case for studying personality in government and politics: “Political institutions and processes operate through human agency. It would be remarkable if they were not influenced by the properties that distinguish one individual from another” (p. 124).

That perspective provides the context for the current paper, which presents an analysis of the personality of Kamala Harris as perceived through the lens of media reports and examines the political implications of her personality profile with respect to leadership style and executive performance.

The methodology employed in this study involves the construction of a theoretically grounded personality profile derived from empirical analysis of biographical source materials (see Immelman, 2003, 2005, 2014).

A comprehensive review of Millon’s personological model and its applicability to political personality has been provided elsewhere (e.g., Immelman, 1993, 2003, 2005; Immelman & Millon, 2003). Briefly, Millon’s model encompasses eight attribute domains: expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object representations, and morphologic organization (see Table 1).
Table 1

Millon’s Eight Attribute Domains

<table>
<thead>
<tr>
<th>Attribute</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expressive behavior</td>
<td>The individual’s characteristic behavior; how the individual typically appears to others; what the individual knowingly or unknowingly reveals about him- or herself; what the individual wishes others to think or to know about him or her.</td>
</tr>
<tr>
<td>Interpersonal conduct</td>
<td>How the individual typically interacts with others; the attitudes that underlie, prompt, and give shape to these actions; the methods by which the individual engages others to meet his or her needs; how the individual copes with social tensions and conflicts.</td>
</tr>
<tr>
<td>Cognitive style</td>
<td>How the individual focuses and allocates attention, encodes and processes information, organizes thoughts, makes attributions, and communicates reactions and ideas to others.</td>
</tr>
<tr>
<td>Mood/temperament</td>
<td>How the individual typically displays emotion; the predominant character of an individual’s affect and the intensity and frequency with which he or she expresses it.</td>
</tr>
<tr>
<td>Self-image</td>
<td>The individual’s perception of self-as-object or the manner in which the individual overtly describes him- or herself.</td>
</tr>
<tr>
<td>Regulatory mechanisms</td>
<td>The individual’s characteristic mechanisms of self-protection, need gratification, and conflict resolution.</td>
</tr>
<tr>
<td>Object representations</td>
<td>The inner imprint left by the individual’s significant early experiences with others; the structural residue of significant past experiences, composed of memories, attitudes, and affects that underlie the individual’s perceptions of and reactions to ongoing events and serve as a substrate of dispositions for perceiving and reacting to life’s ongoing events.</td>
</tr>
<tr>
<td>Morphologic organization</td>
<td>The overall architecture that serves as a framework for the individual’s psychic interior; the structural strength, interior congruity, and functional efficacy of the personality system (i.e., ego strength).</td>
</tr>
</tbody>
</table>


Method

Materials

The materials consisted of biographical sources and the personality inventory employed to systematize and synthesize diagnostically relevant information collected from the literature on Kamala Harris.
Sources of Data

Diagnostic information pertaining to Harris was collected from a broad array of approximately 100 media reports that offered diagnostically relevant psychobiographical information.

Personality Inventory

The assessment instrument, the Millon Inventory of Diagnostic Criteria (MIDC; Immelman, 2015), was compiled and adapted from Millon’s (1969, 1986b; 1990, 1996; Millon & Everly, 1985) prototypal features and diagnostic criteria for normal personality styles and their pathological variants. Information concerning the construction, administration, scoring, and interpretation of the MIDC is provided in the Millon Inventory of Diagnostic Criteria manual (Immelman, 2014). The 12-scale (see Table 2) instrument taps the first five “noninferential” (Millon, 1990, p. 157) attribute domains previously listed in Table 1.

The 12 MIDC scales correspond to major personality patterns posited by Millon (1994, 1996), which are congruent with the syndromes described in the revised third edition, fourth edition, and fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-III-R, DSM-IV, and DSM-5) of the American Psychiatric Association (APA; 1987, 1994, 2013) and coordinated with the normal personality styles in which these disorders are rooted, as described by Millon and Everly (1985), Millon (1994), Oldham and Morris (1995), and Strack (1997). Scales 1 through 8 (comprising 10 scales and subscales) have three gradations (a, b, c) yielding 30 personality variants, whereas Scales 9 and 0 have two gradations (d, e) yielding four variants, for a total of 34 personality designations, or types. Table 2 displays the full taxonomy.

Diagnostic Procedure

The diagnostic procedure, termed psychodiagnostic meta-analysis, can be conceptualized as a three-part process: first, an analysis phase (data collection) during which source materials are reviewed and analyzed to extract and code diagnostically relevant content; second, a synthesis phase (scoring and interpretation) during which the unifying framework provided by the MIDC prototypal features, keyed for attribute domain and personality pattern, is employed to classify the diagnostically relevant information extracted in phase 1; and finally, an evaluation phase (inference) during which theoretically grounded descriptions, explanations, inferences, and predictions are extrapolated from Millon’s theory of personality based on the personality profile constructed in phase 2 (see Immelman, 2003, 2005, 2014 for a more detailed account of the procedure).

1 Inventory and manual available to eligible professionals upon request.
Table 2
Milon Inventory of Diagnostic Criteria: Scales and Gradations

<table>
<thead>
<tr>
<th>Scale 1A: Dominant pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Asserting</td>
</tr>
<tr>
<td>b. Controlling</td>
</tr>
<tr>
<td>c. Aggressive (Sadistic; DSM-III-R, Appendix A)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 1B: Dauntless pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Adventurous</td>
</tr>
<tr>
<td>b. Dissenting</td>
</tr>
<tr>
<td>c. Aggrandizing (Antisocial; DSM-5, 301.7)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 2: Ambitious pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Confident</td>
</tr>
<tr>
<td>b. Self-serving</td>
</tr>
<tr>
<td>c. Exploitative (Narcissistic; DSM-5, 301.81)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 3: Outgoing pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Congenial</td>
</tr>
<tr>
<td>b. Gregarious</td>
</tr>
<tr>
<td>c. Impulsive (Histrionic; DSM-5, 301.50)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 4: Accommodating pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Cooperative</td>
</tr>
<tr>
<td>b. Agreeable</td>
</tr>
<tr>
<td>c. Submissive (Dependent; DSM-5, 301.6)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 5A: Aggrieved pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Unpresuming</td>
</tr>
<tr>
<td>b. Self-denying</td>
</tr>
<tr>
<td>c. Self-defeating (DSM-III-R, Appendix A)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 5B: Contentious pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Resolute</td>
</tr>
<tr>
<td>b. Oppositional</td>
</tr>
<tr>
<td>c. Negativistic (Passive-aggressive; DSM-III-R, 301.84)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 6: Conscientious pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Respectful</td>
</tr>
<tr>
<td>b. Dutiful</td>
</tr>
<tr>
<td>c. Compulsive (Obsessive-compulsive; DSM-5, 301.4)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 7: Reticent pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Circumspect</td>
</tr>
<tr>
<td>b. Inhibited</td>
</tr>
<tr>
<td>c. Withdrawn (Avoidant; DSM-5, 301.82)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 8: Retiring pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Reserved</td>
</tr>
<tr>
<td>b. Aloof</td>
</tr>
<tr>
<td>c. Solitary (Schizoid; DSM-5, 301.20)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 9: Distrusting pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Suspicious</td>
</tr>
<tr>
<td>b. Paranoid (DSM-5, 301.0)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scale 0: Erratic pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Unstable</td>
</tr>
<tr>
<td>b. Borderline (DSM-5, 301.83)</td>
</tr>
</tbody>
</table>

Note. Equivalent DSM terminology and codes are specified in parentheses.
Results

The analysis of the data includes a summary of descriptive statistics yielded by the MIDC scoring procedure, the MIDC profile for Kamala Harris, diagnostic classification of the subject, and the clinical interpretation of significant MIDC scale elevations derived from the diagnostic procedure.

Harris received 28 affirmative (and 14 equivocal/affirmative) endorsements on the 170-item MIDC (see Appendix). Judging from endorsement-rate deviations from the mean (see Table 3), data on Harris’s expressive behavior (10 endorsements) were most easily obtained and may be overrepresented in the data set, whereas data on her interpersonal conduct and mood/temperament (each with 4 endorsements) were most difficult to obtain and may be underrepresented in the data set.

Descriptive statistics for Harris’s MIDC ratings are presented in Table 3.

Table 3

<table>
<thead>
<tr>
<th>Attribute domain</th>
<th>Diagnostic criteria (Items)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Present</td>
</tr>
<tr>
<td>Expressive behavior</td>
<td>10</td>
</tr>
<tr>
<td>Interpersonal conduct</td>
<td>4</td>
</tr>
<tr>
<td>Cognitive style</td>
<td>5</td>
</tr>
<tr>
<td>Mood/temperament</td>
<td>4</td>
</tr>
<tr>
<td>Self-image</td>
<td>5</td>
</tr>
<tr>
<td>Sum</td>
<td>28</td>
</tr>
<tr>
<td>Mean</td>
<td>5.6</td>
</tr>
<tr>
<td>Standard deviation</td>
<td>2.2</td>
</tr>
</tbody>
</table>

Harris’s MIDC scale scores are reported in Table 4. The MIDC profile yielded by Harris’s raw scores is displayed in Figure 1.²

² See Table 2 for scale names. Solid horizontal lines on the profile form signify cut-off scores between adjacent scale gradations. For Scales 1–8, scores of 5 through 9 signify the presence (gradation a) of the personality pattern in question; scores of 10 through 23 indicate a prominent (gradation b) variant; and scores of 24 to 30 indicate an exaggerated, mildly dysfunctional (gradation c) variation of the pattern. For Scales 9 and 0, scores of 20 through 35 indicate a moderately disturbed syndrome and scores of 36 through 45 a markedly disturbed syndrome.
Table 4
MIDC Scale Scores for Kamala Harris

<table>
<thead>
<tr>
<th>Scale</th>
<th>Personality pattern</th>
<th>Lower</th>
<th>Upper</th>
</tr>
</thead>
<tbody>
<tr>
<td>1A</td>
<td>Dominant: Asserting–Controlling–Aggressive (Sadistic)</td>
<td>8</td>
<td>14</td>
</tr>
<tr>
<td>1B</td>
<td>Dauntless: Adventurous–Dissenting–Aggrandizing (Antisocial)</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>Ambitious: Confident–Self-serving–Exploitative (Narcissistic)</td>
<td>7</td>
<td>11</td>
</tr>
<tr>
<td>3</td>
<td>Outgoing: Congenial–Gregarious–Impulsive (Histrionic)</td>
<td>7</td>
<td>11</td>
</tr>
<tr>
<td>4</td>
<td>Accommodating: Cooperative–Agreeable–Submissive (Dependent)</td>
<td>3</td>
<td>5</td>
</tr>
<tr>
<td>5A</td>
<td>Aggrieved: Unpresuming–Self-denying–Self-defeating (Masochistic)</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>5B</td>
<td>Contentious: Resolute–Oppositional–Negativistic (Passive-aggressive)</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>Conscientious: Respectful–Dutiful–Compulsive (Obsessive-compulsive)</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>7</td>
<td>Reticent: Circumspect–Inhibited–Withdrawn (Avoidant)</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>8</td>
<td>Retiring: Reserved–Aloof–Solitary (Schizoid)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>Subtotal for basic personality scales</td>
<td>32</td>
<td>53</td>
</tr>
<tr>
<td>9</td>
<td>Distrusting: Suspicious–Paranoid (Paranoid)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>0</td>
<td>Erratic: Unstable–Borderline (Borderline)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>Full-scale total</td>
<td>32</td>
<td>53</td>
</tr>
</tbody>
</table>

Note. Table 4 depicts the 12 personality patterns along with their normal, exaggerated, and pathological scale gradations and equivalent DSM terminology (in parentheses). Interpretation of the data is based on scale scores derived from affirmative MIDC item endorsements only, specified in the column labeled Lower. (The column labeled Upper displays scale scores based on the sum of affirmative and equivocal/affirmative endorsements.)

Harris’s most elevated scale is Scale 1A (Dominant), with a score of 8. In addition, Harris obtained secondary elevations on Scale 2 (Ambitious) and Scale 3 (Outgoing), both with a score of 7. In addition, there is equivocal evidence for minor subsidiary tendencies on Scale 4 (Accommodating) and possibly Scale 6 (Conscientious). The primary Scale 1A and secondary Scale 2 and Scale 3 elevations are all within the present (5–9) range, though Scale 1A is equivocally in the prominent (10–23) range, pending empirical confirmation. The Scale 4 and Scale 6 scores failed to reach the lower threshold of the present (5–9) range, though Scale 4 is equivocally of diagnostic relevance. No other scale score is psychodiagnostically significant.

Based on the cut-off score guidelines in the MIDC manual, all of Harris’s scale elevations (see Figure 1) are within normal limits. In terms of MIDC scale gradation (see Table 2 and Figure 1) criteria, supplemented by clinical judgment, Harris personality composite was classified as primarily Dominant/asserting, complemented by secondary Ambitious/confident and Outgoing/congenial patterns.3

3 In each case, the label preceding the slash signifies the categorical personality pattern, whereas the label following the slash indicates the specific scale gradation, or personality type, on the dimensional continuum; see Table 2.
Figure 1. *Millon Inventory of Diagnostic Criteria: Profile for Kamala Harris*

![Diagram showing the profile of Kamala Harris using the Millon Inventory of Diagnostic Criteria.](image-url)

The diagram illustrates the profile of Kamala Harris with various scales and indicators for marked, mild, and moderate disturbances.

Scale: 1A 1B 2 3 4 5A 5B 6 7 8 9 0
Upper: 14 4 11 11 5 1 2 3 2 0 0 0
Lower: 8 2 7 7 3 1 1 3 0 0 0 0
Discussion

The discussion of the results examines Kamala Harris’s MIDC scale elevations from the perspective of Millon’s (1994, 1996; Millon & Davis, 2000) model of personality, supplemented by the theoretically congruent portraits of Oldham and Morris (1995) and Strack (1997). The discussion concludes with a brief synthesis of the practical political implications of Harris’s personality profile.

Few people exhibit personality patterns in “pure” or prototypal form; more often, individual personalities represent a blend of two or more primary and secondary orientations. With her slightly elevated Scale 1A, Harris emerged from the assessment as primarily an asserting type, a normal, adaptive variant of the Dominant pattern. Harris’s secondary elevations on Scale 2 (Ambitious) and Scale 3 (Outgoing) reflect adaptive levels of, respectively, self-confidence and extraversion. In addition, there is equivocal evidence for a minor Accommodating tendency on Scale 4, a measure of agreeableness.

Scale 1A: The Dominant Pattern

The Dominant pattern, as do all personality patterns, occurs on a continuum ranging from normal to maladaptive. At the well-adjusted pole are strong-willed, commanding, assertive personalities. Slightly exaggerated Dominant features occur in forceful, intimidating, controlling personalities. In its most deeply ingrained, inflexible form, the Dominant pattern displays itself in domineering, belligerent, aggressive behavior patterns that may be consistent with a clinical diagnosis of sadistic personality disorder.

Normal, adaptive variants of the Dominant pattern (i.e., asserting and controlling types) correspond to Oldham and Morris’s (1995) Aggressive style, Strack’s (1997) forceful style, Millon’s (1994) Controlling pattern, and the managerial segment of Leary’s (1957) managerial–autocratic continuum. Millon’s Controlling pattern is positively correlated with the five-factor model’s Conscientiousness factor, has a more modest positive correlation with its Extraversion factor, is negatively correlated with its Agreeableness and Neuroticism factors, and is uncorrelated with Openness to Experience (see Millon, 1994, p. 82). Thus, these individuals — though tending to be controlling and sometimes disagreeable — typically are emotionally stable and conscientious. According to Millon (1994), Controlling (i.e., Dominant) individuals enjoy the power to direct and intimidate others, and to evoke obedience and respect from them. They tend to be tough and unsentimental, as well as gain satisfaction in actions that dictate and manipulate the lives of others. Although many sublimate their power-oriented tendencies in publicly approved

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4 To place Harris’s MIDC scale elevation of 8 in broader perspective, the Scale 1A elevations of major-party presidential nominees studied at the Unit for the Study of Personality in Politics, in descending order of magnitude, are: Donald Trump, 22 (2020); Hillary Clinton, 21 (2016); Bob Dole, 21 (1996); George W. Bush, 11 (2000); John McCain, 10 (2008); Al Gore, 8 (2000); Mitt Romney, 8 (2012); Bill Clinton, 7 (1996); Barack Obama, 7 (2008); John Kerry, 6 (2004); Joe Biden, 3 (2020).
5 Relevant to Harris.
6 Marginally applicable to Harris.
7 Not relevant to Harris.
roles and vocations, these inclinations become evident in occasional intransigence, stubbornness, and coercive behaviors. Despite these periodic negative expressions, controlling [Dominant] types typically make effective leaders, being talented in supervising and persuading others to work for the achievement of common goals. (p. 34)

Oldham and Morris (1995) supplement Millon’s description with the following portrait of the normal (Aggressive) prototype of the Dominant pattern:

Aggressive [Dominant] men and women…. [have] a strong, forceful personality style, more inherently powerful than any of the others. They can undertake huge responsibilities without fear of failure. They wield power with ease. They never back away from a fight. … When put to the service of the greater good, the Aggressive [Dominant] personality style can inspire a man or woman to great leadership, especially in times of crisis. (p. 345)

Finally, Strack (1997) offers the following description of the normal (forceful) prototype of the Dominant pattern, based on Millon’s theory, empirical findings from studies correlating his Personality Adjective Check List (PACL; 1991) scales with other measures, and clinical experience with the instrument:

[Forceful [Dominant] people…. are characterized by an assertive, dominant, and tough-minded personal style. They tend to be strong-willed, ambitious, competitive, and self-determined. … In work settings, these personalities are often driven to excel. They work hard to achieve their goals, are competitive, and do well where they can take control or work independently. In supervisory or leadership positions, these persons usually take charge and see to it that a job gets done. (From Strack, 1997, p. 490, with minor modifications)

Millon’s personality patterns have predictable, reliable, observable psychological indicators (expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object representations, and morphologic organization). The diagnostic features of the asserting and controlling variants of the Dominant pattern with respect to each of Millon’s eight attribute domains are summarized below. The maladaptive aggressive variant of the Dominant pattern is omitted because it does not apply to Harris.

Expressive Behavior

The core diagnostic feature of the expressive acts of Dominant individuals is assertiveness; they are tough, strong-willed, outspoken, competitive, and unsentimental. More exaggerated variants of the Dominant pattern are characteristically forceful; they are controlling, contentious, and at times overbearing, their power-oriented tendencies being evident in occasional intransigence, stubbornness, and coercive behaviors. When they feel strongly about something, these individuals can be quite blunt, brusque, and impatient, with sudden, abrupt outbursts of an unwarranted or precipitous nature. (Millon, 1996, p. 483)

Sample observation: “In one of the sharpest exchanges of the night, the former prosecutor [Kamala Harris] took direct aim at the Democratic field’s frontrunner — confronting former Vice President Joe Biden over his 1970s-era opposition to the federal government’s role in using school busing to integrate schools while highlighting her personal story as small child who benefited from early busing in Berkeley, California.” (Schouten, 2019)
**Interpersonal Conduct**

The core diagnostic feature of the interpersonal conduct of Dominant individuals is their commanding presence; they are powerful, authoritative, directive, and persuasive. More exaggerated variants of the Dominant pattern are characteristically intimidating; they tend to be abrasive, contentious, coercive, and combative, often dictate to others, and are willing and able to humiliate others to evoke compliance. Their strategy of assertion and dominance has an important instrumental purpose in interpersonal relations, as most people are intimidated by hostility, sarcasm, criticism, and threats. Thus, these personalities are adept at having their way by browbeating others into respect and submission. (Millon, 1996, p. 484; Millon & Everly, 1985, p. 32)

**Sample observation:** “[Kamala Harris] impressed Californians with her commanding presence — offering a preview of the senator the country would see pointedly questioning Republican nominees during confirmation hearings.” (Zernike, 2019)

**Cognitive Style**

The core diagnostic feature of the cognitive style of Dominant individuals is its opinionated nature; they are outspoken, emphatic, and adamant, holding strong beliefs that they vigorously defend. More exaggerated variants of the Dominant pattern tend to be dogmatic; they are inflexible and closed-minded, lacking objectivity and clinging obstinately to preconceived ideas, beliefs, and values. All variants of this pattern are finely attuned to the subtle elements of human interaction, keenly aware of the moods and feelings of others, and skilled at using others’ foibles and sensitivities to manipulate them for their own purposes. (Millon, 1996, pp. 484–485)

**Sample observation:** “Sen. Kamala Harris (D-CA), an outspoken progressive in the Senate who is increasingly whispered about as a potential 2020 presidential candidate, joined a growing cadre of Democrats willing to discuss major alterations to the [Immigration and Customs Enforcement] agency.” (Resnick, 2018)

**Mood/Temperament**

The core diagnostic feature of the characteristic mood and temperament of Dominant individuals is irritability; they have an excitable temper that they may at times find difficult to control. More exaggerated variants of the Dominant pattern tend to be cold and unfriendly; they are disinclined to experience and express tender feelings and have a volatile temper that readily flares into contentious argument and physical belligerence. All variants of this pattern are prone to anger and to a greater or lesser extent deficient in the capacity to share warm or tender feelings, to experience genuine affection and love for another, or to empathize with the needs of others. (Millon, 1996, p. 486; Millon & Everly, 1985, p. 32)

**Sample observation:** “Harris quickly grows impatient with those who demand she claim one piece of her heritage over another.” (Schouten, 2020)
Self-Image

The core diagnostic feature of the self-image of Dominant individuals is that they view themselves as assertive; they perceive themselves as forthright, unsentimental, and bold. More exaggerated variants of the Dominant pattern recognize their fundamentally competitive nature; they are strong-willed, energetic, and commanding, and may take pride in describing themselves as tough and realistically hardheaded. Though more extreme variants may enhance their sense of self by overvaluing aspects of themselves that present a pugnacious, domineering, and power-oriented image, it is rare for these personalities to acknowledge malicious or vindictive motives. Thus, hostile behavior on their part is typically framed in prosocial terms, which enhances their sense of self. (Millon, 1996, p. 485; Millon & Everly, 1985, p. 32)

Sample observation: “And I’ll tell you [Kamala Harris said], I come from fighters. My parents met when they were active in the civil rights movement.” (Democratic debate transcript, 2019)

Regulatory Mechanisms

The core diagnostic feature of the regulatory (i.e., ego-defense) mechanisms of highly Dominant individuals is isolation; they are able to detach themselves emotionally from the impact of their aggressive acts upon others. In some situations — politics being a case in point — these personalities may have learned that there are times when it is best to restrain and transmute their more aggressive thoughts and feelings. Thus, they may soften and redirect their hostility, typically by employing the mechanisms of rationalization, sublimation, and projection, all of which lend themselves in some fashion to finding plausible and socially acceptable excuses for less than admirable impulses and actions. Thus, blunt directness may be rationalized as signifying frankness and honesty, a lack of hypocrisy, and a willingness to face issues head on. On the longer term, socially sanctioned resolution (i.e., sublimation) of hostile urges is seen in the competitive occupations to which these aggressive personalities gravitate. Finally, these personalities may preempt the disapproval they anticipate from others by projecting their hostility onto them, thereby justifying their aggressive actions as mere counteraction to unjust persecution. (Millon, 1996, pp. 485–486)

Object Representations

The core diagnostic feature of the internalized object representations of highly Dominant individuals is their pernicious nature. Characteristically, there is a marked paucity of tender and sentimental objects, and an underdevelopment of images that activate feelings of shame or guilt. (Millon, 1996, p. 485)

Morphologic Organization

The core diagnostic feature of the morphologic organization of highly Dominant individuals is its eruptiveness; powerful energies are so forceful that they periodically overwhelm these

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8 Harris is moderately dominant, so this description, at best, is marginally applicable to her.
9 Harris is moderately dominant, so this description, at best, is marginally applicable to her.
10 Harris is moderately dominant, so this description, at best, is marginally applicable to her.
personalities’ otherwise adequate modulating controls, defense operations, and expressive channels, resulting in the harsh behavior commonly seen in these personalities. These personalities dread the thought of being vulnerable, of being deceived, and of being humiliated. Viewing people as basically ruthless, these personalities are driven to gain power over others, to dominate them and outmaneuver or outfox them at their own game. Personal feelings are regarded as a sign of weakness and dismissed as mere maudlin sentimentality. (Millon, 1996, p. 486)

**Scale 2: The Ambitious Pattern**

The Ambitious pattern, as do all personality patterns, occurs on a continuum ranging from normal to maladaptive. At the well-adjusted pole are confident, socially poised, assertive personalities. Slightly exaggerated Ambitious features occur in personalities that are sometimes perceived as self-promoting, overconfident, or arrogant. In its most deeply ingrained, inflexible form, the Ambitious pattern manifests itself in extreme self-absorption or exploitative behavior patterns that may be consistent with a clinical diagnosis of narcissistic personality disorder. In the case of Harris, only the normal variant — well-adjusted, confident, and socially poised — has any significance.

Normal, adaptive variants of the Ambitious pattern (i.e., confident and self-serving types) correspond to Oldham and Morris’s (1995) Self-Confident style, Strack’s (1997) confident style, and Millon’s (1994) Asserting pattern. Millon’s Asserting pattern is positively correlated with the five-factor model’s Extraversion and Conscientiousness factors and negatively correlated with its Neuroticism factor (Millon, 1994, p. 82). It is associated with “social composure, or poise, self-possession, equanimity, and stability” (Millon, 1994, p. 32). In combination with an elevated Outgoing (Scale 3) pattern (as in the case of Harris), it bears some resemblance to Simonton’s (1988) charismatic executive leadership style.

Millon (1994) summarizes the Asserting (i.e., Ambitious) pattern as follows:

An interpersonal boldness, stemming from a belief in themselves and their talents, characterize[s] those high on the … Asserting [Ambitious] scale. Competitive, ambitious, and self-assured, they naturally assume positions of leadership, act in a decisive and unwavering manner, and expect others to recognize their special qualities and cater to them. Beyond being self-confident, those with an … [Ambitious] profile often are audacious, clever, and persuasive, having sufficient charm to win others over to their own causes and purposes. Problematic in this regard may be their lack of social reciprocity and their sense of entitlement — their assumption that what they wish for is their due. (p. 32)

Strack (1997) provides the following description of the normal (confident) prototype of the Ambitious pattern, based on Millon’s theory, empirical findings from studies correlating his Personality Adjective Check List (PACL; 1991) scales with other measures, and clinical experience with the instrument:

Aloof, calm, and confident, these personalities tend to be egocentric and self-reliant. … In the workplace, confident [Ambitious] persons like to take charge in an emphatic manner, often doing

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11 Relevant to Harris.
12 Marginally applicable to Harris.
13 Not relevant to Harris.
so in a way that instills confidence in others. Their self-assurance, wit, and charm often win them supervisory and leadership positions. (Adapted from Strack, 1997, pp. 489–490, with minor modifications)

Oldham and Morris (1995) adds the following observations to the portrait of the normal (Self-Confident) prototype of the Ambitious pattern:

Self-Confident [Ambitious] individuals stand out, … [and are] leaders … [and] attention-getters in their public or private spheres. … Self-Confident [Ambitious] men and women know what they want, and they get it. Many of them have the charisma to attract plenty of others to their goals. They are extroverted and intensely political. They know how to work the crowd, how to motivate it, and how to lead it. (p. 85)

As noted earlier, Millon’s personality patterns have well-established diagnostic indicators associated with each of the eight attribute domains of expressive behavior, interpersonal conduct, cognitive style, mood/temperament, self-image, regulatory mechanisms, object-representations, and morphologic organization. The diagnostic features of the confident variant of the Ambitious pattern with respect to each of Millon’s eight attribute domains are summarized below. The exaggerated self-serving and maladaptive exploitative variants of the Ambitious pattern are omitted because they do not apply to Harris.

**Expressive Behavior**

The core diagnostic feature of the expressive acts of Ambitious individuals is their confidence; they are socially poised, self-assured, and self-confident, conveying an air of calm, untroubled self-assurance. All variants of this pattern are to some degree self-centered and lacking in generosity and social reciprocity. (Millon, 1996, p. 405; Millon & Everly, 1985, pp. 32, 39)

**Sample observation:** “Alumni boast about a Howard swagger. They see it in Harris now — in her impatient questioning as a senator, in her tone of voice as a candidate that can read as confident, cocky and condescending all at once.” (Givhan, 2019)

**Interpersonal Conduct**

The core diagnostic feature of the interpersonal conduct of Ambitious individuals is their assertiveness; they stand their ground and are tough, competitive, persuasive, hardnosed, and shrewd. (Millon, 1996, pp. 405–406; Millon & Everly, 1985, pp. 32, 39)

**Sample observation:** “Several people attending Harris’s book event at George Washington University on Wednesday night said they knew very little about her until her hard-nosed performance at Justice Brett M. Kavanaugh’s Supreme Court confirmation hearings seized their attention.” (Janes, 2019)
Cognitive Style

The core diagnostic feature of the cognitive style of Ambitious individuals is their *imaginativeness*; they are inventive, innovative, and resourceful, ardently believing in their own efficacy. All variants of this pattern to some degree harbor fantasies of success, rationalize their failures, or exaggerate their achievements. (Millon, 1996, p. 406; Millon & Everly, 1985, pp. 32, 39)

**Sample observation:** “Thus far, Harris has stayed inside the bounds of Washington politics while still pushing innovative ideas that have a chance of realization.” (Smith, 2019)

Mood/Temperament

The core diagnostic feature of the characteristic mood and temperament of Ambitious individuals is their social *poise*; they are self-composed, serene, and optimistic, and are typically imperturbable, unruffled, and cool and levelheaded under pressure. (Millon, 1996, p. 408; Millon & Everly, 1985, pp. 32, 39)

**Sample observation:** “On a crowded stage, she emerged poised, smart, and ready to fight.” (King, 2019)

Self-Image

The core diagnostic feature of the self-perception of Ambitious individuals is their *certitude*; they have strong self-efficacy beliefs and considerable courage of conviction. (Millon, 1996, p. 406)

**Sample observation:** “So far, Harris’ poll numbers in Iowa haven’t shown much improvement. A New York Times/Siena College poll released Friday showed her mired in the low single-digits, a world away from the upper echelon of candidates: Massachusetts Sen. Elizabeth Warren, Vermont Sen. Bernie Sanders, Mayor Pete Buttigieg of South Bend, Ind., and former Vice President Joe Biden. When a reporter noted that Harris had said in the past she considered herself a top-tier candidate, the California senator interrupted to firmly insist: ‘I still do.’” (Mason, 2019)

Regulatory Mechanisms

The core diagnostic features of the unconscious regulatory (i.e., ego-defense) mechanisms of highlyAmbitious individuals are *rationalization* and *fantasy*; when their subjectively admirable self-image is challenged or their confidence shaken, they maintain equilibrium with facile self-deceptions, devising plausible reasons to justify their self-centered and socially inconsiderate behaviors. (Millon, 1996, p. 407)

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14 Harris’s narcissism is in the adaptive range, so this description, at best, is marginally applicable to her.
Object Representations

The core diagnostic feature of the internalized object representations of highly ambitious individuals is their contrived nature; the inner imprint of significant early experiences that serves as a substrate of dispositions (i.e., templates) for perceiving and reacting to current life events consists of illusory and changing memories. Consequently, problematic experiences are refashioned to appear consonant with their high sense of self-worth, and unacceptable impulses and deprecatory evaluations are transmuted into more admirable images and percepts. (Millon, 1996, pp. 406–407)

Morphologic Organization

The core diagnostic feature of the morphological organization of highly ambitious individuals is its spuriousness; the interior design of the personality system, so to speak, is essentially counterfeit, or bogus. Owing to the misleading nature of their early experiences — characterized by the ease with which good things came to them — these individuals may lack the inner skills necessary for regulating their impulses, channeling their needs, and resolving conflicts. (Millon, 1996, pp. 407–408)

Scale 3: The Outgoing Pattern

The Outgoing pattern, as do all personality patterns, occurs on a continuum ranging from normal to maladaptive. At the well-adjusted pole are warm, congenial personalities. Slightly exaggerated Outgoing features occur in sociable, gregarious personalities. In its most deeply ingrained, inflexible form, extraversion manifests itself in impulsive, self-centered, overdramatizing behavior patterns that may be consistent with a clinical diagnosis of histrionic personality disorder.

The Millon Index of Personality Styles manual (Millon, 1994) describes Outgoing personalities as dramatic attention-getters who thrive on being the center of social events, go out of their way to be popular with others, have confidence in their social abilities, and become easily bored, especially when faced with repetitive and mundane tasks (pp. 31–32).

Normal, adaptive variants of the MIDC’s Outgoing pattern (i.e., congenial and gregarious types) correspond to Strack’s (1997) sociable style and Millon’s (1994) Outgoing pattern. It overlaps with the cooperative segment of Leary’s (1957) cooperative–overconventional continuum (which is, however, more congruent with the Accommodating pattern). Millon’s Outgoing pattern is highly correlated with the five-factor model’s Extraversion factor, moderately

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15 Harris’s narcissism is in the adaptive range, so this description, at best, is marginally applicable to her.
16 Harris’s narcissism is in the adaptive range, so this description, at best, is marginally applicable to her.
17 Kamala Harris’s score of 6 on MIDC scale 3 (Outgoing) — a measure of extraversion — compares as follows with U.S. presidents studied at the Unit for the Study of Personality in Politics: Donald Trump, 20 (Immelman & Griebie, 2020); George W. Bush, 16 (Immelman, 2002); Bill Clinton, 15 (Immelman, 1998); Barack Obama, 3 (Immelman, 2010). Joe Biden obtained a score of 13 (Griebie & Immelman, 2020).
18 Relevant to Harris.
19 Relevant to Harris.
20 Not applicable to Harris.
correlated with its *Conscientiousness* and *Openness to Experience* factors, has a moderate negative correlation with its *Neuroticism* factor, and is uncorrelated with *Agreeableness* (see Millon, 1994, p. 82).

Millon (1994) summarizes the Outgoing pattern as follows:

> [G]regarious persons go out of their way to be popular with others, have confidence in their social abilities, feel they can readily influence and charm others, and possess a personal style that makes people like them. Most enjoy engaging in social activities. … Talkative, lively, socially clever, they are often dramatic attention-getters who thrive on being the center of social events. Many become easily bored, especially when faced with repetitive and mundane tasks. … [Prone to] intense and shifting moods, gregarious types are sometimes viewed as fickle and excitable. On the other hand, their enthusiasms often prove effective in energizing and motivating others. Inclined to be facile and enterprising, outgoing people may be highly skilled at manipulating others to meet their needs. (pp. 31–32)

Strack (1997) provides the following portrait of the normal (*sociable*) prototype of the Outgoing pattern, based on Millon’s theory, empirical findings from studies correlating his Personality Adjective Check List (PACL; 1991) scales with other measures, and clinical experience with the instrument:

They are characterized by an outgoing, talkative, and extraverted style of behavior and tend to be lively, dramatic, and colorful. These people are typically viewed by others as spontaneous, clever, enthusiastic, and vigorous. … Sociable individuals may also be seen as fickle in their attachments. They may have quickly shifting moods and emotions, and may come across as shallow and unauthentic. These persons tend to prefer novelty and excitement, and are bored by ordinary or mundane activities. … They often do well interacting with the public, may be skilled and adept at rallying or motivating others, and will usually put their best side forward even in difficult circumstances. (From Strack, 1997, p. 489, with minor modifications)

The diagnostic features of the *congenial* variant of the Outgoing pattern with respect to each of Millon’s eight attribute domains are summarized below. The exaggerated *gregarious* and maladaptive *impulsive* variants of the Outgoing pattern are omitted because they do not apply to Harris.

**Expressive Behavior**

The core diagnostic feature of the expressive acts of Outgoing individuals is *sociability*; they are typically friendly, engaging, lively, extraverted, and gregarious. As leaders, Outgoing personalities may be somewhat lacking in “gravitas,” inclined to make spur-of-the-moment decisions without carefully considering alternatives, predisposed to reckless or imprudent behaviors, and prone to scandal. (Millon, 1996, pp. 366–367, 371; Millon & Everly, 1985, p. 33)

**Sample observation:** “Harris remained unflaggingly engaged, asking each child a question, paying a compliment, nodding exaggeratedly. ‘That’s her real personality,’ Emhoff said, shaking his head, starstruck, at his wife. ‘She smiles and laughs and has a good time.’” (Goodyear, 2019)
**Interpersonal Conduct**

The core diagnostic feature of the interpersonal conduct of Outgoing individuals is *demonstrativeness*; they are amiable and display their feelings openly. (Millon, 1996, pp. 367–368, 371; Millon & Everly, 1985, p. 33)

**Sample observation:** “But she’s magnetic, authoritative, warm — leaning in, nodding, gesturing with both hands, moving those hands from a voter’s biceps or shoulder to a position of deep appreciation over her heart.” (Weil, 2019)

**Cognitive Style**

The core diagnostic feature of the cognitive style of Outgoing individuals is *unreflectiveness*; they avoid introspective thought and focus on practical, concrete matters. (Millon, 1996, pp. 368–369, 371; Millon & Davis, 2000, p. 236)

**Sample observation:** “But in her early state debuts, Harris has at times compensated for her lack of precision and detailed policy prescriptions by lapsing into prepared remarks, turning to legislation she supports — even when it indirectly relates to the question — and leaning on anecdotes to connect with audiences.” (Cadelago, 2019b)

**Mood/Temperament**

The core diagnostic feature of the temperamental disposition and prevailing mood of Outgoing individuals is *emotional expressiveness*; they are animated, uninhibited, and affectively responsive. (Millon, 1996, pp. 370–371)

**Sample observation:** “Finally, let’s face it, she has some of that ‘it’ — the smile, the joyous laugh, the ability to intersperse inspiration with policy responses. … She doesn’t get lost in airy platitudes or in the weeds of policy; she paces her appearances with some of each. She can read a room. Call it connectivity or empathy, but the best politicians have it, and those who don’t cannot fake it.” (Rubin, 2019)

**Self-Image**

The core diagnostic feature of the self-image of Outgoing individuals is their view of themselves as being socially desirable, well liked, and *charming*. (Millon, 1996, pp. 369, 371; Millon & Everly, 1985, p. 33)

**Sample observation:** “‘Having had the life experience I’ve had, having had the professional experiences I’ve had, people know that I have the ability to fight — and fight on behalf of them,’” Harris continued. ‘And that’s what they want.’” (Cadelago, 2019a)
Regulatory Mechanisms

The core diagnostic feature of the regulatory (i.e., ego-defense) mechanisms of highly\textsuperscript{21} Outgoing individuals is self-distract; their preferred stress-management strategy is to engage in relatively mindless activities — for example, games, physical diversions, or other forms of amusement or recreation. (Millon, 1996, p. 370)

Object Representations

The core diagnostic feature of the internalized object representations of highly\textsuperscript{22} Outgoing individuals is their shallow nature. Outgoing personalities characteristically seek stimulation, attention, and excitement, presumably to fill an inner void. (Millon, 1996, p. 369)

Morphologic Organization

The core diagnostic feature of the morphologic organization of highly\textsuperscript{23} Outgoing individuals is exteroceptiveness; they tend to focus on external matters and the here-and-now, being neither introspective nor dwelling excessively on the past, presumably to blot out awareness of a relatively insubstantial inner self. (Millon, 1996, p. 370)

Summary and Formulation

With her primary elevation on Scale 1A (Dominant) and secondary elevations on Scale 2 (Ambitious) and Scale 3 (Outgoing) Kamala Harris may be classified as Composite Type 1A-2-3, which is somewhat reminiscent of Donald Trump’s Composite Type 2-1A-3-1B (Immelman & Griebie, 2020), though in much attenuated form. However, as noted at the outset, the present findings are preliminary in view of difficulty encountered in obtaining sufficiently detailed psychodiagnostic data relevant to some of the personality patterns and attribute domains tapped by the MIDC. Employing clinical judgment to evaluate equivocal empirical evidence, it seems plausible that Harris’s actual Composite Type may be 2-3-1A.\textsuperscript{24} This hypothesis, which awaits empirical confirmation, points to a high-dominance charismatic personality composite.

\textsuperscript{21} Harris’s extraversion is in the adaptive range, so this description, at best, is marginally applicable to her.

\textsuperscript{22} Harris’s extraversion is in the adaptive range, so this description, at best, is marginally applicable to her.

\textsuperscript{23} Harris’s extraversion is in the adaptive range, so this description, at best, is marginally applicable to her.

\textsuperscript{24} Specifically, some of Harris’s ostensibly dominant behaviors — for example, her dramatic “That little girl [on the bus] was me” attack on Joe Biden during the June 2019 Democratic presidential debate — might be more an expression of the theatrical responsiveness of the Outgoing pattern than of the hostile aggression of the Dominant pattern. Furthermore, the Outgoing pattern — which is highly correlated with the five-factor model’s Extraversion factor — has a modest positive correlation with the five-factor model’s Extraversion factor, so there is some conceptual overlap.
Leadership Implications

Should the Biden–Harris ticket succeed in defeating Donald Trump in the 2020 presidential election, Kamala Harris will be a heartbeat away from the presidency; with Joe Biden at 78 the oldest person ever inaugurated president of the United States, it is reasonable to ask what kind of president Kamala Harris would turn out to be. The present study offers an empirically based personological framework for anticipating Harris’s executive performance as president. Following is a brief outline of the likely tenor of a prospective Harris presidency inferred from theoretical coherence between the present findings and complementary models of political leadership.

Presidential Style

Dean Keith Simonton’s (1988) empirically derived framework of five presidential styles (charismatic, interpersonal, deliberative, neurotic, and creative) offers a promising frame of reference. Given the fidelity with which Simonton’s leadership styles mirror the currently popular five-factor model (FFM), whose correlates with Millon’s personality patterns have been empirically established (Millon, 1994, p. 82), Simonton’s stylistic dimensions may have considerable heuristic value for establishing links between personality and political leadership.

From Simonton’s perspective, Harris’s MIDC elevations on the Outgoing, Ambitious, and Dominant scales imply a charismatic leadership style, which conceptually corresponds to the “Big Five” Extraversion factor. According to Simonton (1988), the charismatic leader

- typically “finds dealing with the press challenging and enjoyable” … [Outgoing], … “consciously refines [her] own public image” … [Outgoing, Ambitious], “has a flair for the dramatic” … [Outgoing], “conveys [a] clear-cut, highly visible personality” … [Outgoing], is a “skilled and self-confident negotiator” … [Dominant, Ambitious], “uses rhetoric effectively” … [Ambitious, Dominant], is a “dynamo of energy and determination” … [Outgoing, Ambitious, Dominant], … “keeps in contact with the American public and its moods” … [Outgoing], “has [the] ability to maintain popularity” … [Outgoing], and “exhibits artistry in manipulation” … [Ambitious, Dominant]. (p. 931; associated Millon patterns added)

In addition, the charismatic leader “rarely permits [herself] to be outflanked” [Dominant, Ambitious] and rarely “suffers health problems that tend to parallel difficult and critical periods in office” (pp. 930, 931; associated MIDC patterns added).

Harris’s relatively weak loadings on the Conscientious (Scale 6) pattern, along with her elevation on the Outgoing (Scale 4) pattern, suggest that she is not likely to display Simonton’s “deliberative” leadership style, which conceptually corresponds to the “Big Five” Conscientiousness factor. According to Simonton (1988), the deliberative leader

- commonly understands [the] implications of [her] decisions; exhibits depth of comprehension” …, is “able to visualize alternatives and weigh long term consequences” …, “keeps [herself] thoroughly informed; reads briefings [and] background reports” …, is “cautious, conservative in action” …, and only infrequently “indulges in emotional outbursts.” (p. 931)

As a more nondeliberative leader, Harris would be inclined “to force decisions to be made prematurely,” lose sight of her limitations, and place “political success over effective policy”
Based on her personality profile, those qualities could hamper a prospective President Harris. It is noteworthy, however, that this portrait is at variance with Harris’s own view of conscientiousness as her central trait:

In her 2019 memoir, “The Truths We Hold,” Harris describes her leadership style as “sweating the small stuff” and “embracing the mundane” to create big change.

While good leadership requires “vision and aspiration” and bold ideas to move people to action, “it is often the mastery of the seemingly unimportant details, the careful execution of the tedious tasks [emphasis added], and the dedicated work done outside of the public eye that make the changes we seek possible,” she writes.

It “means making sure that our solutions actually work for the people who need them,” Harris says. Such attention to detail [emphasis added] is especially needed in politics to tackle big issues, she says.

“Politics is a realm where the grand pronouncement often takes the place of the painstaking and detail-oriented work [emphasis added] of getting meaningful things done,” she writes.

Presidential Temperament

James David Barber (1972/1992), focusing more narrowly on presidential temperament, developed a simple model of presidential character that has shown some utility in predicting successful (active–positive) and failed (active–negative) presidencies.

In terms of presidential temperament, Harris seems most similar to Barber’s (1972/1992) active–positive presidential character — leaders like Bill Clinton and Donald Trump: self-confident, optimistic, and deriving pleasure from the exercise of power in pursuit of political objectives.

Character-Based Leadership Skills

Stanley Renshon (1996) has proposed “three distinct aspects” (p. 226) of political leadership shaped by character: mobilization — the ability to arouse, engage, and direct the public; orchestration — the organizational skill and ability to craft specific policies; and consolidation — the skills and tasks required to preserve the supportive relationships necessary for an executive leader to implement and institutionalize his or her policy judgments (pp. 227, 411).

In terms of Renshon’s (1996) three critical components of political leadership, Harris, by dint of her extraversion, self-confidence, and dominance appears most skilled in mobilization, which makes her well-equipped to rally, energize, and motivate her supporters. In the sphere of orchestration, Harris’s relative dearth of personality traits related to conscientiousness (i.e., having insufficient attention to detail and diminished capacity for sustained focus), exacerbated by the relatively superficial cognitive style characteristic of outgoing personalities, may hamper her leadership performance; indeed, this shortcoming may well have been a critical variable in her unsuccessful campaign for president. Finally, Harris’s outgoing nature will likely stand her in good stead with respect to consolidation, enabling her to foster the supportive relationships necessary for consummating her policy objectives.
**Foreign Policy Leadership Orientation**

Lloyd Etheredge (1978) and Margaret Hermann (1987) developed personality-based models of foreign policy leadership orientation that can be employed rationally and intuitively to enhance and complement the predictive utility of Millon’s model with respect to leadership performance in the arena of international relations.

Etheredge (1978) proposed a “four-fold speculative typology” of “fundamental personality-based differences in orientation towards America’s preferred operating style and role in the international system” (p. 434). In terms of Etheredge’s model, which locates policymakers on the dimensions of dominance–submission and introversion–extraversion, Harris’s primary Scale 1A (Dominant) pattern in concert with her secondary Scale 3 (Outgoing) elevation unambiguously points to dominance and extraversion. This suggests that a prospective President Harris’s foreign policy role orientation would most likely be that of a high-dominance extravert. Etheredge contends that high-dominance extraverts (such as Presidents Theodore and Franklin Roosevelt, John F. Kennedy, and Lyndon B. Johnson) share high-dominance introverts’ tendency “to use military force” but in general … are more flexible and pragmatic, more varied in the wide range and scope of major foreign policy initiatives. … [In contrast to high-dominance introverts, they] want to lead rather than contain. They advocate change, seek to stir up things globally. … [and] are relatively more interested in inclusion [compared with high-dominance introverts, who favor exclusion], initiating programs and institutions for worldwide leadership and cooperative advance on a wide range of issues. (p. 449).

Among Hermann’s (1987) six possible orientations to foreign affairs, the “influential” foreign policy role orientation appears to be the best fit for Harris’s dominant, ambitious, outgoing personality composite. Influential leaders are interested in “having an impact on other nations’ foreign policy behavior” and “playing a leadership role in regional or international affairs” (p. 168). Their personal political style is to “[s]how interest in and seek information on [the] problems of countries [they] wish to influence; [they] initiate collaborative activities with such countries and meet frequently with their leaders” (p. 169). This results in a foreign policy of fostering “friendly relations with nations [they] wish to have influence over,” making “necessary commitments to secure working relationships with such nations,” and acting “protectively toward such nations in their dealings with adversaries” (p. 169).

**Conclusion**

In conclusion, the present study offers an empirically based personological framework for inferring the general tenor of a prospective Harris presidency. By dint of her dominant, ambitious, and outgoing qualities, Kamala Harris’s major personality strengths in a political role are her confident assertiveness and personal charisma. Her major personality-based shortcoming, rooted in a distinctive outgoing tendency, is likely to be a predisposition to occasional lapses in emotional restraint or self-discipline.
References


## Appendix

### MIDC Score Sheet for Kamala Harris

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*O = Affirmative  
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