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Butterfly on the Goldenrod

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Balancing lightly
on a single blossom,

Surrounded,
but not overwhelmed
by possibility;
concerned only with
what is before her.

Rejoicing in the moment.

Do I understand
the lesson of the
butterfly?

To recognize
each moment
as an opportunity
to see and experience
the Love before me.

I am called
only
to this moment
in time;

To this life,
this day,
this place.

Cathy Scherer Stubbs is a writer and musician who lives in the woods near Marine on St. Croix, Minnesota, and serves as a pastoral minister at a parish in St. Paul. She received her Bachelor of Arts in Communications from Saint Catherine University and her Master of Arts in Theology from Saint John's School of Theology Seminary. This poem is an excerpt from her recent book, Fields of Grace: Everyday Encounters with the Holy.