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The Political Personality of President Donald Trump in Office

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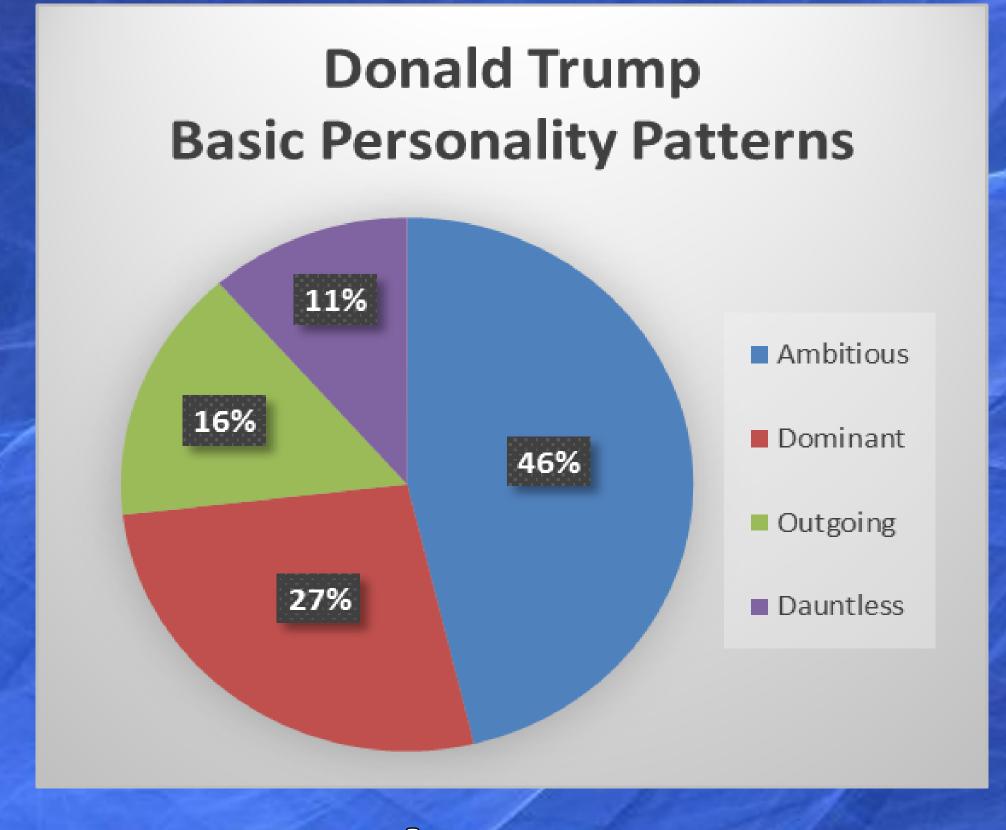## Recommended Citation

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Introduction

We conducted a psychodiagnostic case study of U.S. president Donald Trump. The purpose of the study was to construct a Millon-based personality profile of President Trump.

Method

The assessment instrument was the 170-item Millon Inventory of Diagnostic Criteria (MIDC; Immelman, 2012), which assesses the attribute domains of expressive behavior, interpersonal conduct, cognitive style, mood/temperament, and self-image. The instrument contains 12 scales, yielding 20 normal and 14 pathological personality styles.
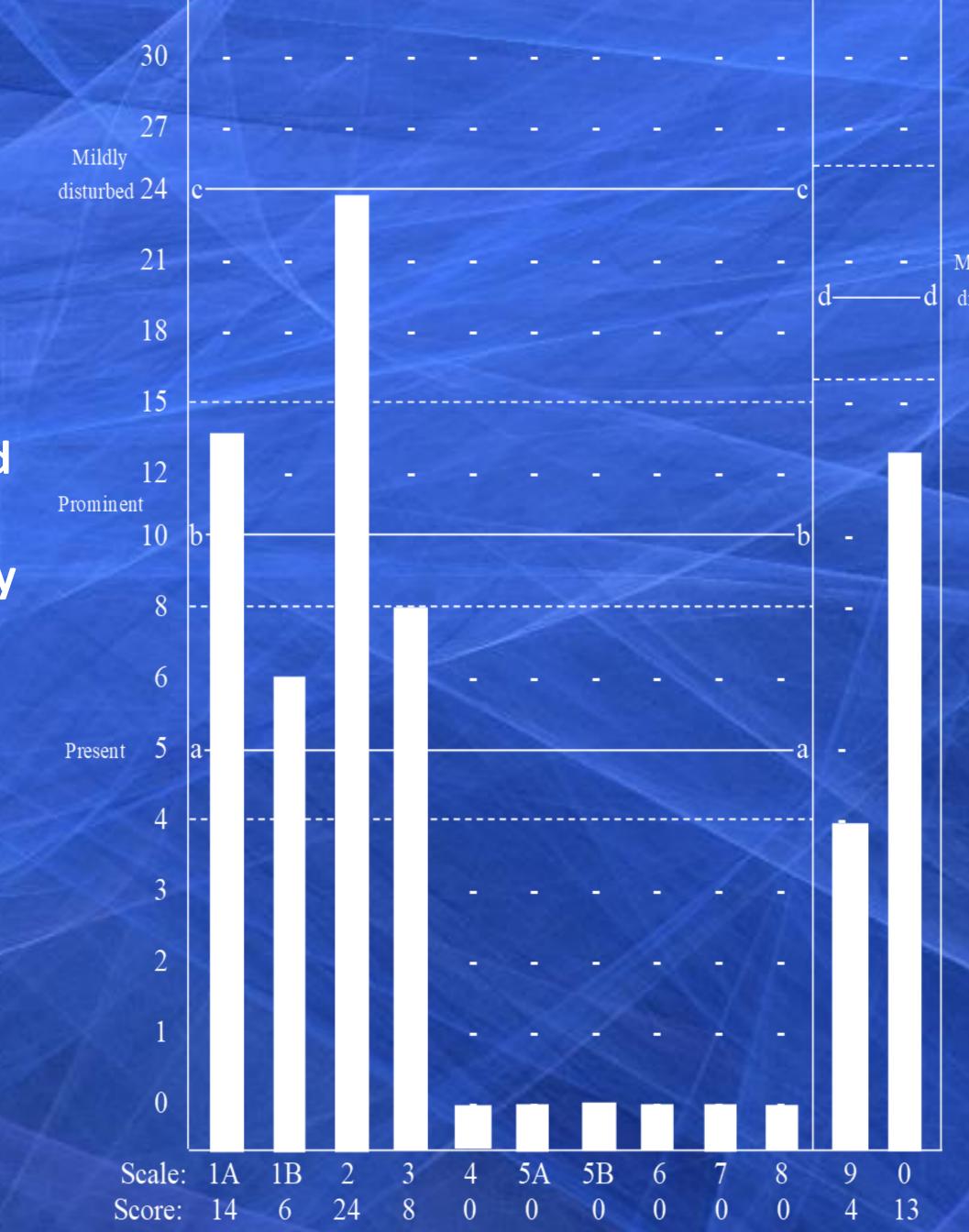
Personality Type

"Highly confident, dominant extravert"

Primary patterns:　　Ambitious / exploitative
　　　　　　　　　　　Dominant / controlling
Secondary patterns:　Outgoing / congenial
　　　　　　　　　　　Dauntless / adventurous

Donald Trump Basic Personality Patterns

- Ambitious — 46%
- Dominant — 27%
- Outgoing — 16%
- Dauntless — 11%

Millon Inventory of Diagnostic Criteria Profile for Donald Trump

Scale:	1A	1B	2	3	4	5A	5B	6	7	8	9	0
Score:	14	6	24	8	0	0	0	0	0	0	4	13

Results

Table 1
MIDC Item Endorsement Rate by Attribute Domain

Attribute domain	Items
Expressive behavior	12
Interpersonal conduct	5
Cognitive style	5
Mood/temperament	2
Self-image	4
Sum	28
Mean	5.6
Standard deviation	3.4

Table 2
MIDC Scale Scores for Donald Trump

Scale	Personality pattern	Raw	RT%
1A	Dominant: Asserting–Controlling–Aggressive (Sadistic)	14	26.9
1B	Dauntless: Adventurous–Dissenting–Aggrandizing (Antisocial)	6	11.5
2	Ambitious: Confident–Self-serving–Exploitative (Narcissistic)	24	46.2
3	Outgoing: Congenial–Gregarious–Impulsive (Histrionic)	8	15.4
4	Accommodating: Cooperative–Agreeable–Submissive (Dependent)	0	0.0
5A	Aggrieved: Unpresuming–Self-denying–Self-defeating (Masochistic)	0	0.0
5B	Contentious: Resolute–Oppositional–Negativistic (Passive-aggressive)	0	0.0
6	Conscientious: Respectful–Dutiful–Compulsive (Obsessive-compulsive)	0	0.0
7	Reticent: Circumspect–Inhibited–Withdrawn (Avoidant)	0	0.0
8	Retiring: Reserved–Aloof–Solitary (Schizoid)	0	0.0
	Subtotal for basic personality scales	52	100.0
9	Distrusting: Suspicious–Paranoid (Paranoid)	4	5.8
0	Erratic: Unstable–Borderline (Borderline)	13	18.8
	Full-scale total	69	124.6

Reference
Immelman, A. (Compiler) (2012). Millon Inventory of Diagnostic Criteria (3rd ed.). Unpublished research scale, Unit for the Study of Personality in Politics, College of St. Benedict and St. John's University, St. Joseph and Collegeville, MN.

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Unit for the Study of Personality in Politics