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The challenges and rewards of (an individual) study abroad

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Increased Knowledge of the Host Society (CSB/SJU, Minnesota and the USA)

- Assumed like American TV shows and hadn't heard of MN beforehand
 - American Sports
 - Different school system
- Different Climate (and opportunity for Winter Sports)
 - Different Chocolate!



Recognition of Cultural Values and Culturally Appropriate Behaviours

- Benedictine Values
- Holidays like Thanksgiving
- More informal inside and outside classroom
 - Minnesota Nice – so be friendly

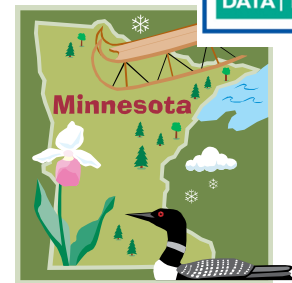


The Challenges and Rewards of (an individual) Study Abroad

By Brighde Mulholland

Advantages of the Experience in My Future Studies and Career

- Build on American Work Ethic
- Brilliant for resume or interviews
- Business subjects have made my Math major more attractive to employers
- Helps to give you a different perspective
- Global Outlook
- Improved Communication and Problem Solving Skills



Awareness of My Own Culture and How It Has Shaped Me

- Difference in healthcare and welfare systems
- Third level education more accessible for everyone in Northern Ireland
- Appreciate what I take for granted at home
 - Want to learn Irish
 - Visit landmarks at home



Independently Seeking Out and Learning from New Intercultural Situations

- Make friends from all over the world
- Try new cuisines and learn about their culture
- Thanksgiving and Homecoming were completely new to me
- Doing anything independently is a confidence builder

